



Resource Center on Aging University of California Berkeley

New Resources on Aging

A Monthly Email Newsletter from
The Resource Center on Aging
University of California at Berkeley
February, 2010

EDITOR'S NOTES

The March issue of the newsletter will be published **Friday, February 26th. The deadline for items to be included in the March issue is Monday, February 22nd.** Please email submissions to: <mailto:ddriver@berkeley.edu>.

A reminder that the Center maintains a **list-serve of job opportunities** in the field of aging in California (primarily but not exclusively in the Bay Area). If you would like to receive these notices, send an e-mail note to <mailto:ddriver@berkeley.edu> with "Jobs Only" in the message's subject field. If you would like to receive both the newsletter and job announcements place "Jobs & Newsletter" in the message's subject field. If you are an employer **anywhere in California** and have a job opening in your agency, email it to <mailto:ddriver@berkeley.edu> and it will be posted to the list which includes approximately 1,500 individuals in the field of aging.

You and hundreds of others receive *New Resources on Aging* and/or our job postings each month. We want to keep offering these services but the fact is, they cost money. **As a person who**

enjoys these services, please support them with a financial contribution. See suggested amounts below. Let us know if you have made a donation and would like to be included on our

Donation Page on our WEB site at:

<http://ist-socrates.berkeley.edu/~aging/donation.html>

Continued thanks to all for your generosity and support.

NEW ON THE WEB

Aging in the Media

Alzheimer's Disease, Where America Stands, CBS Evening News, January, 2010.

<http://www.cbsnews.com/stories/2010/01/12/eveningnews/main6089027.shtml>

Workouts For Your Brain By BONNIE ROCHMAN, Monday, Jan. 18, 2010, Time Magazine.

<http://www.time.com/time/magazine/article/0,9171,1952329,00.html>

DOCTOR AND PATIENT **Offering Care for the Caregiver**, By PAULINE W. CHEN, M.D., New York Times, Published: January 21, 2010, <http://www.nytimes.com/2010/01/22/health/21chen.html>

Consumer Resources

Preventing Serious Falls: Tips for Older Adults and Their Loved Ones From The American Geriatrics Society's Foundation for Health in Aging

http://www.healthinaging.org/public_education/falls_tips.php AGS

has numerous printable resources at:

http://www.healthinaging.org/public_education/

The Centers for Disease Control and Prevention has launched two new web sites:

Stroke Web site: <http://www.cdc.gov/stroke/> and

Heart Disease Web site:

<http://www.cdc.gov/HeartDisease/index.htm>

Research & Reports

Don't forget to check out **What's New on AARP Policy & Research** at: <http://www.aarp.org/research>

What is an Adequate Standard of Living during Retirement?

Johannes Binswanger, Daniel Schunk, CESIFO WORKING PAPER NO. 2893, DECEMBER 2009. http://www.cesifo-group.de/pls/guestci/download/CESifo%20Working%20Papers%202009/CESifo%20Working%20Papers%20December%202009/cesifo1_wp2893.pdf

The Administration on Aging has just published its popular **2009 Profile of Older Americans** with the latest key statistics on older Americans in key subject areas. It includes both narrative and statistical charts. The 2009 edition is only available online at: http://www.aoa.gov/AoARoot/Aging_Statistics/Profile/2009/docs/2009profile_508.pdf For comparative information, previous editions can be accessed at:

http://www.aoa.gov/AoARoot/Aging_Statistics/Profile/index.aspx

Enduring Confidence in the 401(k) System: Investor Attitudes and Actions, January 2010, Investment Company Institute:
http://www.ici.org/pdf/ppr_10_ret_saving.pdf

UNEMPLOYMENT STATISTICS ON OLDER AMERICANS

Prepared by Richard W. Johnson and Corina Mommaerts

Urban Institute Retirement Policy Program, January 2010,

http://www.urban.org/UploadedPDF/411904_unemploymentstatistics.pdf

Implications of Health Reform for Retiree Health Benefits

By Paul Fronstin, Employee Benefit Research Institute.

This Issue Brief examines how current health reform legislation being debated in Congress will impact the future of retiree health

benefits. http://www.ebri.org/pdf/briefspdf/EBRI_IB_01-2010_No338_RetHlth1.pdf

BOON OR BANE? EXAMINING THE VALUE OF LONG-TERM CARE INSURANCE

HEARING BEFORE THE SPECIAL COMMITTEE ON AGING
UNITED STATES SENATE, ONE HUNDRED ELEVENTH
CONGRESS, FIRST SESSION, WASHINGTON, DC
WEDNESDAY, JUNE 3, 2009

http://frwebgate.access.gpo.gov/cgi-bin/getdoc.cgi?dbname=111_senate_hearings&docid=f:53717.pdf

United States Government Accountability Office, Report to Congressional Requesters, **NURSING HOMES**

Addressing the Factors Underlying Understatement of Serious Care Problems Requires Sustained CMS and State

Commitment, November 2009, GAO-10-70.

<http://www.gao.gov/new.items/d1070.pdf>

The Federal Interagency Forum on Aging-Related Statistics (Forum) was established in 1986, with the goal of bringing together Federal agencies that share a common interest in improving aging-related data. The Forum has just published **DATA SOURCES ON OLDER AMERICANS, 2009** which can be seen at: http://www.agingstats.gov/agingstatsdotnet/Main_Site/Data/2009_Documents/Final_DSOA2009_508.pdf

The National Survey on Drug Use and Health has published **Illicit Drug Use among Older Adults**, December 29, 2009. See: <http://www.oas.samhsa.gov/2k9/168/168OlderAdultsHTML.pdf>

Social Security: Options to Protect Benefits for Vulnerable Groups When Addressing Program Solvency, GAO-10-101R December 7, 2009, <http://www.gao.gov/new.items/d10101r.pdf>

The Evercare®/National Alliance for Caregiving **Survey of The Economic Downturn and Its Impact on Family Caregiving** can be found at: http://www.caregiving.org/data/EVC_Caregivers_Economy_Report_FINAL_4-28-09.pdf

United States Government Accountability Office, Report to Congressional Requesters, **NURSING HOMES: Addressing the Factors Underlying Understatement of Serious Care Problems Requires Sustained CMS and State Commitment**, November 2009. <http://www.gao.gov/new.items/d1070.pdf>

Sizing Up The Market For Assisted Living, By David G. Stevenson and David C. Grabowski, JANUARY 2010, *HEALTH AFFAIRS*, <http://content.healthaffairs.org/cgi/reprint/29/1/35>

Looting Social Security [part 1] by WILLIAM GREIDER, *This article appeared in the March 2, 2009 edition of The Nation.*

<http://www.thenation.com/doc/20090302/greider>

Looting Social Security, Part 2

by WILLIAM GREIDER, January 4, 2010,

<http://www.thenation.com/doc/20100111/greider>

From The Rand Corporation

- **How Longer Work Lives Ease the Crunch of Population Aging**, NICOLE MAESTAS, JULIE ZISSIMOPOULOS, December 2009, RAND Center for the Study of Aging:
http://www.rand.org/pubs/working_papers/2010/RAND_WR728.pdf
- **On the Rise of Health Spending and Longevity**, RAQUEL FONSECA et al, December 2009.
http://www.rand.org/pubs/working_papers/2010/RAND_WR722.pdf

Research & Reports-International (by country)

British Medical Journal, 22 December 2009, **Health and disease in 85 year olds: baseline findings from the Newcastle 85+ cohort study**, Joanna Collerton et al.

http://www.bmj.com/cgi/content/full/339/dec22_1/b4904

(Germany) Max Planck Institute for Demographic Research, **Assessing old-age long-term care using the concepts of healthy life expectancy and care duration: the new parameter "Long-Term Care-Free Life-Expectancy (LTCF)"**

by Rembrandt Scholz and Anne Schulz

<http://www.demogr.mpg.de/papers/working/wp-2010-001.pdf>

General International

World Population Ageing, 2009, United Nations, Department of Economic and Social Affairs, Population Division, New York.
http://www.un.org/esa/population/publications/WPA2009/WPA2009_WorkingPaper.pdf

Practice Resources

Making the Case: Saving Your State's Caregiver Support Programs: Talking Points for Advocates, Administrators, Providers and Caregivers
December 2009

This paper is intended to help advocates, program administrators, service providers and caregivers fight for their state and local caregiver support programs. It includes background information, statistics, talking points and a list of additional resources to help make the case for maintaining public funding for crucial caregiver support services.

You can download "Making the Case" here:

<http://caregiver.org/caregiver/jsp/content/pdfs/2009-Primer State Advocacy.pdf>

The Mission of the **Advancing Excellence in America's Nursing Homes Campaign** is to help nursing homes achieve excellence in the quality of care and quality of life for the more than 1.5 million residents of America's nursing homes. See:

<http://www.nhqualitycampaign.org/>

The American Geriatrics Society and The British Geriatrics Society have issued **Clinical Practice Guideline:**

Prevention of Falls in Older Persons. See:

http://www.americangeriatrics.org/education/cp_index.shtml

The Administration on Aging (AoA) has issued a theme for **Older Americans Month** (May) to assist the National Aging Services Network in planning activities that might take place in May or throughout the year. This year's theme "*Age Strong! Live Long!*" recognizes the diversity and vitality of today's older Americans who span three generations. Materials to prepare for Older Americans Month can be obtained at:

http://www.aoa.gov/AoARoot/Press_Room/Observances/oam/oam.aspx

The WELL, WISE & WHOLE Monthly is a monthly e-mail publication that highlights current issues in maturing adult faith formation, articles, book reviews, best practices, trends, interesting ideas regarding the personal and spiritual growth of adults in the second half of their life. To sign up for this newsletter and to learn about The Association for Lifelong Adult Ministry see:

<http://www.senioradultministry.com/default.aspx>

The Administration on Aging has launched a new WEB site that provides legal support to the aging advocacy network. **The National Legal Resource Center.** See:

<http://www.nlrc.aoa.gov/NLRC/index.aspx>

Crane Library Web Picks of the Week Continued thanks to Laurie Blanchard for her generosity in letting us duplicate these. If you wish to subscribe to the Web Pick of the Week, go to:

<http://lists.umanitoba.ca/mailman/listinfo/info-ltc>

Palliative Care and Person-Centred Care

Two recent articles concerning nursing homes are now freely available for download in the journal Health Affairs.

The two articles are:

Person-Centered Care For Nursing Home Residents: The Culture-Change Movement, Mary Jane Koren,

<http://content.healthaffairs.org/cgi/content/abstract/hlthaff.2009.0966>

Raising The Standard: Palliative Care In Nursing Homes, Diane E. Meier¹ et al

<http://content.healthaffairs.org/cgi/content/abstract/29/1/136>

Innovations Clearinghouse on Family Caregiving

http://www.caregiver.org/caregiver/jsp/content_node.jsp?nodeid=2319

The National Center on Caregiving (NCC) at Family Caregiver Alliance (FCA) has launched the Innovations Clearinghouse on Family Caregiving, an online community promoting professional knowledge around families in their caregiving role.

This online community includes:

- a national, searchable repository of evidence-based interventions,
- policy efforts and emerging practices and tools with a primary focus on the support of family/informal caregivers;
- various interactive features that will offer educational and networking opportunities among professionals

The Innovations Clearinghouse focuses on professionals seeking outcome producing practices and tools aiming to support informal caregiving.

Rising Tide: The Impact of Dementia in Canada

<http://www.alzheimer.ca/english/media/putyourmind09-release.htm>

is the final report of an Alzheimer Society project, funded by Pfizer Canada, Health Canada, the Public Agency of Canada, the Canadian Institutes of Health Research, and Rx&D.

The study examines:

- the potential health and economic burden of dementia in Canada over the next 30 years
- the possible effects of interventions upon this burden and how they could affect health and economic impacts of dementia
- policy options
- recommendations on how to address the issue

The Alzheimer's Society Media Centre has prepared a webpage called *Put Your Mind to It* which contains the summary and full report; provides perspectives for understanding the impact of the report and suggestions on how you can take action.

NEW AT THE CENTER LIBRARY

To use the library, make an appointment with the Center's Academic Coordinator, Desi Owens: <mailto:desiowens@berkeley.edu>. To view the Center's library database on line see:

http://opac.libraryworld.com/cgi-bin/opac.pl?command=signin&libraryname=ucb_center_on_aging

Nothing New This Issue.

NEW PUBLICATIONS

Oxford Textbook of Palliative Medicine: Fourth Edition, Edited by Geoffrey Hanks, et al.

<http://www.us.oup.com/us/catalog/general/subject/Medicine/PalliativeMedicine/?view=usa&ci=9780198570295&view=usa>

Women's Work and Pensions: What is Good, What is Best? Designing Gender-Sensitive Arrangements

Editors: *Marin, B., Zólyomi, E.*, Ashgate (UK), 2010

http://www.euro.centre.org/detail.php?xml_id=1643

Forget Memory: Creating Better Lives for People with Dementia, Anne Davis Basting, 2009. See:
<http://jhupbooks.press.jhu.edu:80/ecom/MasterServlet/GetItemDetailsHandler?iN=9780801892493&qty=1&source=2&viewMode=3&loggedIN=false&JavaScript=y>

Two booklets, **Tips for Writing a Great Memoir**, and **The Best Ideas Yet About Aging Successfully** are available from Tedpress: 473 Peacock Blvd., Lafayette, CA 94549. For information and/or to order phone (925) 962-0268 or <mailto:tedpress@comcast.net>

CALENDAR OF EVENTS

Note: Except for UC Berkeley, the following are **all newly submitted events**. For a comprehensive calendar see **Resources on Aging** on our WEB site at: <http://ist-socrates.berkeley.edu/~aging/ResourcesinAging.html> Newsletter archives can be accessed at: <http://conium.org/~aging/Newsletters/> The **Gerontological Society of America** maintains a national/international calendar at: <http://www.geron.org/calendar.htm>.

UC Berkeley

FEBRUARY 6, 2010

Social Justice Symposium

The Social Welfare Graduate Assembly (SWGA) is excited to announce the date for the 4th Annual Social Justice Symposium. Last year's event was a great success and we hope to make this year even better! This all day conference will be held at the **First Presbyterian Church** of Berkeley on 2407 Dana Street, and will include presentations and interactive workshops to build skills and raise awareness about important issues facing our community.

Check out our website for more information:

<http://socialwelfare.berkeley.edu/sjs/>

Bay Area

Series

Contra Costa JCC Announces Q1 **Aging-Related Lecture Series**

The Millman Adult Day Program (a program of the Contra Costa JCC) in conjunction with Acalanes Adult Education and the Alzheimer's Association proudly presents informative and engaging aging-related presentations and workshops for the public. Offered monthly by professionals in the field of aging-related services, these presentations cover topics relevant to those living with, and/or caring for, someone with dementia or other aging-related disease.

Upcoming seminars include:

- **Wednesday, February 10**, Caregivers' Suffering and Emotional Healing, Speaker: Patrick Arbore, Ed.D., Institute on Aging
- **Wednesday, March 17**, Medications and Dementia, Speaker: Katy Viera, RN, MS, UC Davis Alzheimer's Disease Center
- **Wednesday, April 14**, ***Financial Considerations for Long-Term Care***, Speaker: Hannah Knafo, LTC Advocate, California Advocates for Nursing Home Reform, San Francisco

The public is invited to enjoy these two-hour educational lectures that take place at the Contra Costa JCC in Walnut Creek. All presentations begin at 10:30 am. Space is limited.

To learn more about the **Millman Adult Day Program** and the services it offers visit <http://www.ccjcc.org/millman> or call Marvelyn Davis at 925.938.7800, ext. 257. The Contra Costa JCC is located at 2071 Tice Blvd. in Walnut Creek, CA.

Celebrating Art with Elders & Better With Age: Two Programs at the San Francisco Public Library, Main Branch

Don't Miss Celebrating Art With Elders!

The SF Public Library, Main Branch, from **January 9th through February 28th**, is presenting an exhibit entitled *Celebrating Art with Elders*. This is an exhibit of approximately 90 artworks by African-American, Asian, Filipino, American Indian, Hispanic and Caucasian seniors who have found fresh meaning in life, and a new way of expressing themselves through watercolor, acrylics, oil pastels, crayon, pen and ink, pencil, and collage.

For more information about ELDERGIVERS, visit

<http://www.eldergiver.org/>

And Don't Miss Films on Artists, Art Lovers, and Aging Saturday, February 20th!

As part of the exhibit, Better with Age, there will be a screening of three(3) documentary films on artists, art lovers, and aging, on Saturday February 20th at 2 p.m. in the Koret Auditorium, Lower Level, Main Library. The films to be shown are

- *Bella Bella*, profiling Bay Area artist Bella Feldman
- *Shadow & Light*, focusing on the art of San Franciscan Elaine Badgley, and
- *Smitten*, the story of art collector Rene di Rosa.

Sheila Malkind, Director of the Legacy Film Series, will be moderating a panel discussion following the films. There is also a newly reopened café in the lower level adjacent to the exhibit and auditorium.

For more information contact Sheila Malkind at:

<mailto:info@legacyfilmseries.com>

or <http://www.legacyfilmseries.com> (415/515-2708)

The Silicon Valley **Positive Aging Forum Spring 2010 Speaker Series**

February 11, March 11, April 8 and May 13

5:30 p.m. to 7:00 p.m.

At Avenidas, 450 Bryant Street, Palo Alto, CA 94301

Easy Access to Transit ~ Free Public Parking Across the Street

Conversations continue at an optional no-host dinner.

Restaurant details will be announced during each Forum.

Registration Cost:

\$20 per Forum - One Week in Advance see dates below to register for single forums

\$25 per Forum - Final Week and at the door

\$60 for Entire Series: CLICK HERE TO REGISTER for any one lecture:

<http://www.regonline.com/builder/site/Default.aspx?eventid=812795>

here for all Four Forums

<http://www.regonline.com/checkin.asp?eventid=816086> and

- February 11, ***A Long Bright Future***, **Dr. Laura Carstenson, PhD**, Professor and Founding Director of the Stanford Center on Longevity
- March 11, ***Concierge-Style Services: The Beacon Hill Village Model***, **Lisa Hendrickson**, CEO, Avenidas Village, **Susan Poor**, Consultant; S.F. Village Board Member; Project Director, Institute for Health Policy Studies, UCSF
- April 8, ***Cities for All Ages***, **Don Weden**, Retired Principal Planner, Santa Clara County Planning
- May 13, ***To Be Announced***

A very low cost monthly **webinar series on Ethnicity and the Dementias** features information on assessment and working with families for elders with dementia in different ethnic populations.

We now offer Continuing Medical Education that can be used by physicians and psychologists, as well as the previously approved CEUs for nurses, clinical social workers, and marriage and family therapists. The following is a list of upcoming webinars.

- **February 3, 2010**, 11:30am to 12:45 pm. PST, Assessment of Dementia and Caregiving for Japanese American Elders
- **March 17, 2010**, 11:30am to 12:45 pm. PST Assessment of Dementia and Caregiving for Korean American Elders
- **April 14, 2010** 11:30am to 12:45 pm. PST Assessment of Dementia and Caregiving for Hmong American Elders
- **May 12, 2010**, 11:30am to 12:45 pm. PST Assessment of Dementia and Caregiving for Filipino American Elders
- **June 9, 2010**, 11:30am to 12:45 pm. PST Assessment of Dementia and Caregiving for Vietnamese Americans

For more information and/or to register see

<http://sgec.stanford.edu/events.html>

Caring for Those You Care About

Are you caring for a family member or friend who is older or ill? Do you have concerns about your own care as you age? Join Seniors•At•Home for a four-part workshop series offering understanding, solutions, and support. Each session will be devoted to a different aspect of caring for someone while still caring for yourself. You are welcome to attend one or all sessions.

- **February 8**—Being an Effective Healthcare Advocate—for Yourself and Others
- **February 22**—Setting Boundaries and Dealing with Changing Roles
- **March 1**—Coping with Difficult Diseases
- **March 8**—Care and Compassion at the End of Life

Workshops will be held from 6:00-8:00 pm at JFCS, 2150 Post Street, San Francisco. Suggested donation of \$10 to cover a light dinner. Pre-registration is required. For more information or to register, please call 415-449-3777 or email <mailto:Info@SeniorsAtHome.org>.

MENTAL AEROBICS (new location)

Exercise your brain in fun, challenging and creative ways, and improve your cognitive vitality and your memory. This is a FREE non-credit class through City College San Francisco's Older Adults Department.

When: Mondays, January 25 - May 24, 2010, 1:30 - 3:30 p.m.

join anytime

Locations: San Francisco Main Public Library

Address: 100 Larkin Street (at Market)

Register: On site

For more information contact: Hope Levy

<mailto:hopelevy@yahoo.com>

Join this **educational series** from the Institute on Aging that explores the connection between mind, body and spirit and its potential for improving health. The series is designed specifically for professionals in the field of elder care. All programs in this series will be take place at The Event Center at St. Mary's Cathedral (1111 Gough Street in San Francisco).

- **Wednesday, February 24, 2010 - 8:30 AM to 4:40 PM**
"Recognizing and Responding to Clutter Addiction and Compulsive Hoarding in Older Adults"
- **Tuesday, May 4, 2010 - 8:30AM - 4:40PM** "Integrating Mental, Emotional and Spiritual Health"

- **June 23, 2010 - 8:30 AM - 4:40PM** "Understanding and Managing Clients Who Challenge Us as Professionals"
Wednesday,

To register: http://education.ioaging.org/educational_programs.html
or contact Laura Rhine, Education Assistant, of IOA's Department of Education at (415) 750-4180 x223.

Wednesday, February 3

OLDER ADULTS WHO HOARD: *An Advanced Training for Service Providers*

Presented by: Institute on Compulsive Hoarding and Cluttering
Mental Health Association of San Francisco

Time: 9:30 AM - 4:30 PM

Location: World Affairs Council of Northern California 312 Sutter Street
(between Grant and Stockton Streets) San Francisco, California

This day-long advanced training will be conducted by hoarding and cluttering expert Dr. Michael A. Tompkins Ph.D, Licensed Psychologist (*PSY 13822*), Assistant Clinical Professor at the University of California at Berkeley and Founding Partner of the San Francisco Bay Area Center for Cognitive Therapy. Attendees will have the opportunity to hear from individuals who live with hoarding and cluttering behaviors as they speak to their personal experience with this issue.

REGISTRATION

Lunch is included

CEU's and CME's available for LCSW's, MFT's, BSRN's, LPT's, LVN's and RN's.

Space is limited - Sign-up quickly!

For more information call 415-421-2926 ext. 300 or visit:

<http://www.mha-sf.org/programs/ichc/traininginstitute.cfm>

Thursday, February 4**What Do I Do Now? - Suggestions to Offer the Caregiver of the Person with Moderate to Severe Dementia****Time:** 3:00 - 4:30PM**Location:** 3600 Geary Blvd., San Francisco**Presented by:** Tracy McCloud, Director and Don Wendell, Activity Director, Ruth Ann Rosenberg Adult Day Health Center & Alzheimer's Day Care Resource Center, Institute on Aging

Cost: \$5 donation at door

Register at: <http://februarytraining.eventbrite.com/>**February 8 - 12, 2010****Grantseeker Training Institute**

San Francisco, CA

Master the keys to successful fundraising in five days. Applicable for 30 CFRETM International points

9 a.m. to 4 p.m. daily

Foundation Center, 312 Sutter St., 2nd Floor, San Francisco, CA

To enroll see:

http://foundationcenter.org/marketplace/catalog/product_training_institute.jhtml?id=prod2880017**February 10**

The Osher Lifelong Learning Institute (OLLI) at San Francisco State University, Aging Explorers' Lecture Series

How important is creativity in keeping you healthy as you age?

TIME OF EVENT: 12:30pm – 2:15pm - Lecture, Questions and Discussion

SF State Downtown Campus, 835 Market St., 6th floor Served by MUNI and BART - Powell St. Station Parking at the Mission Street Garage

You can learn more about OLLI at <http://www.cel.sfsu.edu/olli/>
ADDITIONAL INFORMATION: Jeff Chapline, MFA, Administrative and Artistic Director of CEYA (Center for Elders and Youth in the Arts). CEYA is a project of the Institute On Aging, TELEPHONE: 415 817-4243
Event is free, and no reservations needed.

February 17

Outcome Thinking and Management: Shifting Focus from Activities to Results, San Francisco. For grantseekers and nonprofit executive directors. For complete description and/or to register see:

http://foundationcenter.org/marketplace/catalog/product_training.jhtml?id=prod2880003

Saturday, February 20,

Taking Control-Planning for the Future

Presented by OWL SF (the Midlife and Older Women's Organization)

Now that the economic crisis is easing, what do midlife and older women need to do next? Catherine Pinkas will present an update, and facilitate a discussion of how to move forward and plan for our financial security.

Speaker: Catherine Pinkas is an experienced financial advisor serving individuals and small business owners. She teaches at UC Berkeley Extension and the University of San Francisco. She is a past president of the OWL SF chapter

Pre-registration is required. Contact OWL office (415/989-4422) or OWL web site: <http://www.owlsf.org>

Saturday, February 20, 10 am -Noon

Room 975, Flood Building: 870 Market St, San Francisco.

June 21-25, 2010

The SGEN is now accepting applications for the **3rd Annual SGEN Faculty Development Program in Health Literacy and Ethnogeriatrics June 21-25, 2010**, on the Stanford campus. The week long course is an intensive educational experience using a train-the-trainer approach for multidisciplinary geriatric health care faculty. There is no cost to attend the program, but faculty trainees will need to pay for their own transportation, housing, and meals. The deadline for applications was January 15, 2010 but may be extended depending on available space. More information and application forms are available at http://sgen.stanford.edu/events_attachments/faculty_dev/2010_SGEN_Faculty_Dev.pdf Enrollment is limited.

California

The new **Winter/Spring 2010 catalog for Senior Center Without Walls** (SCWW), a telephone community for homebound elders throughout the San Francisco Bay Area and all of Northern California, is now available. To obtain color copies of the brochure for distribution, please email <mailto:Info@SeniorCenterWithoutWalls.org> with your request. For more information about SCWW go to: <http://www.SeniorCenterWithoutWalls.org>

February 24

CLH CENTER FOR SPIRITUALITY AND AGING: **“Words and Music to Live By: Creativity and Spiritual Care.”** Walnut Village Retirement Community, Anaheim, CA. Musician presenter Judith-Kate Friedman, founder of Songwriting Works™ and Psalms, Songs and Stories™ shares principles and

practices of music composition and performing with seniors. This lively and inspiring workshop demonstrates the power of music to heal and to connect people spiritually. For details email <mailto:csadirector@frontporch.net>, call 714-239-6267 or see <http://www.spiritualityandaging.org>

SAVE-THE-DATE APRIL 9, 2010

**CALIFORNIA COUNCIL ON GERONTOLOGY & GERIATRICS
CCGG**

30th ANNUAL MEETING: Preparing for the Next Generation

UCLA Covel Commons, 330 De Neve Drive, Los Angeles, CA 90024

HIGHLIGHTS INCLUDE:

Meeting the Needs of California's Diverse Population

Careers in Aging Student Session

Innovative Evidence-Based Programs – *They Work...Are You Teaching Them?*

Inspiring the Next Generation

For more information, please contact: **CCGG Executive Office**
tel 310.312.0531 e-mail <mailto:ccggoffice@mednet.ucla.edu> (See call for presentations in Community Resources) For more information about CCGG, visit them on line at:

<http://www.ccgg.org/>

July 14-15 Save the Date!

Demography, Economics, and Epidemiology of Aging

RAND is pleased to announce the 17th annual RAND Summer Institute (RSI) on the Demography, Economics, and Epidemiology of Aging. The RAND Summer Institute, which is an annual conference that addresses critical issues facing our aging population, is comprised of the Workshop on Aging and the Mini-

Medical School for Social Scientists. The Workshop on Aging will be held July 14-15, 2010 at the RAND Corporation headquarters in Santa Monica. The conference serves as a vehicle to provide additional training to researchers new to the field of aging. The conference is sponsored by the National Institute on Aging and the NIH Office of Behavioral and Social Sciences Research. See: <http://www.rand.org/labor/aging/rsi/demography.html>

National

February 10th

Webinar hosted by the Center for Personal Assistance Services on Wednesday, February 10th, 2010. In this webinar, Terence Ng will discuss “**An Analysis Of Medicare And Medicaid In Long-Term Care And Suggestions Of Reform**” Mr. Ng will explore the patterns in services and spending under long-term care programs and examine the rise in home and community-based services, the existence of waivers from federal and state coverage requirements, and the changing population groups who use long-term care services. He will conclude with a discussion on the need to reduce the fragmentation and lack of coordination in long term care services by removing the divide between Medicare and Medicaid programs.

The 60-minute webinar will begin at 2:00pm Eastern; 1:00pm Central; 12:00pm Mountain; 11:00am Pacific; 10:00am Alaska and 8:00am Hawaii.

There is no fee and no pre-registration for this webinar which is open to everyone. An archive of this webinar will be available at a later date.

To join the Webinar, please visit:

<http://www.tinyurl.com/PASElluminate>

In 2011 Congress will consider **reauthorization and amendments to the Older American's Act** effective in FY 2012. In anticipation of this process, the Administration on Aging (AoA) is soliciting input concerning the reauthorization through three mechanisms: (1) AoA-Convened Listening Forums; (2) OAA Reauthorization Input Events; and (3) Direct Input via the AoA Website.

AoA-Convened Listening Forums will be held in three cities. The input provided will be recorded, compiled and summarized by Scripps Gerontology Center. The dates and locations of the national listening forums are:

- **Thursday, February 18, 2010**, Dallas, TX, Embassy Suites Hotel, Dallas Near the Galleria, 14021 Noel Road, Dallas, Texas 75240, (972) 354-3659
- **Thursday, February 25, 2010**, Washington, DC, The Westin Alexandria-DC, Alexandria, VA, 400 Courthouse Square, Alexandria, VA 22314, (703) 253-8628
- **Wednesday, March 3, 2010**, San Francisco, CA, Hyatt Regency San Francisco, 5 Embarcadero Center, San Francisco, CA 94111, (415) 981-3638

For more information on the reorganization process see:

http://www.aoa.gov/AoARoot/AoA_Programs/OAA/Reauthorization/Index.aspx

International

August 26-27

CALL FOR PAPERS

Doctoral students' workshop "Qualitative Methods in Ageing Research"

August 26-27, 2010, University of Vechta, Germany

Qualitative methods have a long and outstanding tradition in the field of ageing research. They attend closely to the context and

interactions of everyday life, thereby enhancing our understanding of the experience and interpretation of ageing. The topics studied are, among other things, the social representations of aging as well as issues of gender, paid work, health and care-giving. The methods employed range from in-depth and narrative interviews to qualitative content analysis and ethnography.

We invite PhD-students specialized in sociology, gerontology and methodology to submit abstracts related to the topic "Qualitative Methods in Ageing Research". The contributions may focus either on methodological or on content-related questions. Abstracts with a maximum of 200 words should be **submitted before May 30, 2010**. The participants will need to submit a complete version of their papers by the beginning of August 2010.

To apply for the workshop, please submit your abstract to Kathrin Komp at <mailto:k.komp@fsw.vu.nl>. If you have any questions, you can contact her under the same e-mail address.

COMMUNITY RESOURCES

Application Guidelines for the Center for Technology and Aging's **Remote Patient Monitoring Diffusion Grants Program** are now available. The Center is soliciting letters of intent from organizations that are interested in expanding the use of remote patient monitoring technologies that help improve the health and safety of older adults. Total funding available for this grant program is \$500,000. Up to six grants will be awarded. Funded projects are expected to commence in July 2010. **Letters of Intent are due March 12, 2010**. Please consult the Grant Application Guidelines for more information about the grant program.

<http://www.techandaging.org/rpmgrant.pdf> or contact Margaret

Whelly, Research Program Administrator, Center for Technology and Aging, 510.285.5685, <mailto:mwhelly@techandaging.org>

Millman Adult Day Program Offering Discounted Day Session

The Millman Adult Day Program (a program of the Contra Costa JCC), offers socialization and recreation for older adults with dementia in a safe and compassionate environment. To assist families caring for loved ones with aging-related diseases the Millman Adult Day Program is offering a discounted rate during the months of **February, March, and April 2010**. Families which add an additional day to their loved one's schedule will save 50% off the regular fee for the added day. This offer is available to both current and new participants who meet program evaluation criteria and who are scheduled for at least one day a week at the regular price. Space is limited.

To learn more about the offer and the **Millman Adult Day Program** and the services it offers visit <http://www.ccjcc.org/millman> or call Marvelyn Davis at 925.938.7800, ext. 257. The Contra Costa JCC is located at 2071 Tice Blvd. in Walnut Creek, CA

CALL FOR PRESENTATIONS

The California Council for Gerontology and Geriatrics Education (CCGG) is now accepting proposals to present at our CCGG 2010 Annual Meeting: **Preparing for the Next Generation**, April 9th at the University of California, Los Angeles Covell Commons. The CCGG conference is the only statewide conference dedicated to promoting the quality of life of California's diverse aging population by utilizing research to inform and integrate educational programs, work force development and public policy. The CCGG is looking for new research and innovative presentations on aging or older populations in California to make our 2010 CCGG Annual Meeting: **Preparing for the Next Generation** a success.

The deadline for submission is February 22, 2010.

Please direct any/all questions to Helen
<mailto:hmiltiades@csufresno.edu> or to Trina at
mailto:trina_sauceda@yahoo.com

END

All Internet links in this newsletter have been checked. **Please allow sufficient time for links to load, especially pdf** (Portable Document Format) documents. To view a pdf document, you will need the Adobe® Acrobat® Reader available **free** from Adobe at: http://www.adobe.com/products/acrobat/readstep2_allversions.html If for some reason a link does not work, copy and paste the address into your browser.

A **copy of this newsletter** that includes all events that have not expired is updated monthly at: <http://ist-socrates.berkeley.edu/~aging/ResourcesinAging.html> Prior editions (pdf files only) of *New Resources on Aging* can be accessed at: <http://socrates.berkeley.edu/~aging/Newsletters>. Click on the folder you wish to access (2008, 2009). Then click the arrow to the right of the edition(s) you'd like to download.

Please Note: Due to anti-spam filters on some e-mail services, many messages are blocked or deleted. **Please add lists@berkeley.edu** to your e-mail system's "safe" list of senders to ensure receipt of our messages.

If a colleague has forwarded this newsletter to you, why not get the newsletter directly? Send an e-mail to <mailto:ddriver@berkeley.edu> with "Newsletter Only" in the message's subject field. If you are interested in receiving job postings in the field of aging in California (primarily but not exclusively in the Bay Area) send an e-mail note with "Jobs Only" in the message's subject field. If you would like to receive both the newsletter and job announcements place "Jobs & Newsletter" in the message's subject field.

Postings in this newsletter are for informational purposes only and do not constitute endorsement by the Resource Center on Aging or the University of California. **Please do not contact the UCB Resource Center on Aging about information on these posts. Contact the provider directly. Thank you.**

Donations

The newsletter and jobs lists are complimentary services of the UC Berkeley Resource Center on Aging. Please consider making a donation to support this work.

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We appreciate all donations, large or small. Thank you (Donation year is January 1 - December 31 or any portion thereof.)

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