



# Resource Center on Aging University of California Berkeley

## ***New Resources on Aging***

A Monthly Email Newsletter from  
**The Resource Center on Aging**  
**University of California at Berkeley**  
**October, 2009**

### **EDITOR'S NOTES**

A reader pointed out that the newsletter might be more easily read in a "non seraph font". With that suggestion we have changed the front from *Times* to *Arial*, and hope it is easier on the eye.

**Important notice:** Along with many of you whose funding comes from the State of California, UC Berkeley faculty and staff are now in a "furlough pool" and are thus required to take a percentage of time off with a corresponding decrease in salary. Because it would make no sense to publish a portion of the newsletter monthly, I have decided to take my furlough in December when everyone is busy with the holidays. **Thus, The newsletter will not be published in December.** If you have December/January events, please get them to me by **Monday, October 26th** for the November issue. Jobs **will** be emailed throughout December.

A reminder that the Center maintains a **list-serve of job opportunities** in the field of aging in California (primarily but not exclusively in the Bay Area). If you would like to receive these notices, email: <mailto:ddriver@berkeley.edu> with "Jobs Only" in the message's subject field. If you would like to receive both the newsletter and job announcements place "Jobs & Newsletter" in the

message's subject field. If you are an employer **anywhere in California** and have a job opening in aging in your agency, email it to <mailto:ddriver@berkeley.edu> and it will be quickly posted to the list which includes approximately 1,500 individuals in the field of aging.

Let us know if you have made a donation and would like to be included on our **Donation Page on our WEB site** at: <http://ist-socrates.berkeley.edu/~aging/donation.html>  
(donation years is January 1 - December 31)

***Continuing thanks to all for your generosity and support.***

The November edition of the newsletter will be published **Friday, October 30th**. **The deadline for items to be included in the October issue is Monday, October 26th**. Please email submissions to: <mailto:ddriver@berkeley.edu>

## **NEW ON THE WEB**

(Continuing thanks to readers who forward information.)

## **Aging in the Media**

### **RETIREMENT REVOLUTION: THE NEW REALITY**, PBS.

Millions of Americans have had to change their retirement plans in the wake of the 2008 financial meltdown. *Retirement Revolution* looks at the stories of everyday people who have found ways not only to survive but thrive in this new reality. To view see:

<http://www.pbs.org/wttw/retirementrevolution/>

## **The World Alzheimer Report**

According to the newly released World Alzheimer Report, dementia prevalence worldwide will nearly double every 20 years. We discuss the latest research on Alzheimer's disease, and what you can do to help yourself. Forum with Michael Krasny, archive, Fri, Sep 25, 2009: <http://www.kqed.org/radio/programs/forum/>

## **Consumer Resources**

CENTERS FOR MEDICARE AND MEDICAID SERVICES PRESS RELEASE: "**Medicare Prescription Drug Plan Premiums to Increase Slightly Medicare Beneficiaries May Need to Enroll in New Plans**," August 13, 2009:  
<http://www.cms.hhs.gov/apps/media/press/release.asp?Counter=3494>

## **Research & Reports**

Don't forget to check out **What's New on AARP Policy & Research** at: <http://www.aarp.org/research>

## **From the Census**

**Work Status of People 65 Years and Older:** 2008 American Community Survey, *American Community Survey Reports*, Issued September 2009. By Braedyn K. Woodring and David J. Howard, <http://www.census.gov/prod/2009pubs/acsbr08-10.pdf>

**Labor Force Participation Rate of People 65 Years and Older: 2008**, Issued September 2009, By David J. Howard and Braedyn K. Woodring, <http://www.census.gov/prod/2009pubs/acsbr08-9.pdf>

HEALTHREFORM.GOV REPORT: "**Health Insurance Reform and Medicare: Making Medicare Stronger for America's**

**Seniors,"** (September 2009,)

<http://healthreform.gov/reports/medicare/index.html>

US NATIONAL INSTITUTE OF JUSTICE WEBCAST: "**Research in Action: An Elder Abuse Study Impacts How Law Enforcement Work Their Cases**," by Aileen Wiglesworth and Cherie Hill (NCJ 228300, June 2009, running time, 10 minutes, 59 seconds).

[http://www.ojp.usdoj.gov/nij/multimedia/NIJ\\_Video\\_Player\\_Multiuse\\_NIJ\\_Conf2009\\_6.html](http://www.ojp.usdoj.gov/nij/multimedia/NIJ_Video_Player_Multiuse_NIJ_Conf2009_6.html)

CONGRESSIONAL RESEARCH SERVICE REPORT: "**Older Workers: Employment and Retirement Trends**," by Patrick Purcell (September 2009)

<http://opencrs.com/document/RL30629/>

Issue Brief From the Center for Retirement Research at Boston College, **OLDER AMERICANS ON THE GO: HOW OFTEN, WHERE, AND WHY?** , September 2009, Number 9-18

By Kelly Haverstick and Natalia A. Zhivan.

[http://crr.bc.edu/images/stories/Briefs/ib\\_9-18.pdf](http://crr.bc.edu/images/stories/Briefs/ib_9-18.pdf)

From the PEW Research Center: **Recession Turns a Graying Office Grayer, America's Changing Work Force**, SEPTEMBER 3, 2009

<http://pewsocialtrends.org/pubs/742/americas-changing-work-force>

US DEPARTMENT OF AGRICULTURE, ECONOMIC RESEARCH SERVICE REPORT: "**Baby Boom Migration and Its Impact on Rural America**," by John Cromartie and Peter Nelson, August 2009: <http://www.ers.usda.gov/Publications/ERR79/>

**Health Coverage and Expenses: Impact on Older Women's Economic Well-Being**, Alina Salganicoff et al, *Journal of Women, Politics and Policy*, August 2009:

<http://www.kff.org/womenshealth/whp081409oth.cfm>

PEW RESEARCH CENTER FOR THE PEOPLE & THE PRESS  
PRESS RELEASE: "Would Americans Welcome Medicare if it Were Being Proposed in 2009?" by Andrew Kohut (August 2009).

<http://pewresearch.org/pubs/1317/would-americans-welcome-medicare-if-proposed-in-2009>

**Sequence Skill Acquisition and Off-Line Learning in Normal Aging**, Rachel M. Brown, et al,

<http://www.plosone.org/article/info%3Adoi%2F10.1371%2Fjournal.pone.0006683>

**Strengthening the Health Insurance System: How Health Insurance Reform Will Help America's Older and Senior Women**, HEALTHREFORM.GOV REPORT.

<http://healthreform.gov/reports/seniorwomen/>

**From the Urban Institute**

- **Unemployment Statistics on Older Americans, Updated 9/09**, Richard W. Johnson, Corina Mommaerts, **Publication Date:** September 01, 2009,  
<http://www.urban.org/url.cfm?ID=411904> **Abstract** The recession has increased joblessness among older Americans. These graphs and tables report unemployment rates and how they have varied by age, sex, race, and education since 2007.

**Structuring, Financing and Paying for Effective Chronic Care Coordination**, Robert A. Berenson, Julianne Howell.

<http://www.urban.org/publications/1001316.html>

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## Research & Reports-International

EUROPEAN CENTRE FOR SOCIAL WELFARE POLICY AND RESEARCH REPORT: "**Who Cares? Care coordination and cooperation to enhance quality in elderly care in the European Union**," by Bernd Marin, Kai Leichsenring, Ricardo Rodrigues, and Manfred Huber (September 2009)

[http://www.se2009.eu/polopoly\\_fs/1.15230!menu/standard/file/Discussion Paper-Who Cares3.pdf](http://www.se2009.eu/polopoly_fs/1.15230!menu/standard/file/Discussion Paper-Who Cares3.pdf)

Institute Of Behavioral Science [University Of Colorado, Boulder]: **Headship of Older Persons in the Context of HIV/AIDS in Rural South Africa**, Enid Schatz, Sangeetha Madhavan

<http://www.colorado.edu/ibs/pubs/pop/pop2009-0005.pdf>

**Preliminary findings of the Information and Communication Technology & Ageing study** - The main goal of the study is to identify and understand the market barriers which currently hinder uptake of ICT for independent living and active ageing in Europe. December 2008

[http://ec.europa.eu/information\\_society/activities/einclusion/policy/ageing/action\\_plan/index\\_en.htm](http://ec.europa.eu/information_society/activities/einclusion/policy/ageing/action_plan/index_en.htm)

**Social Security Programs Throughout the World: Africa, 2009**, August 2009:

<http://www.socialsecurity.gov/policy/docs/progdesc/ssptw/2008-2009/africa/index.html>

**Quality of care in for-profit and not-for-profit nursing homes: systematic review and meta-analysis**, [British], British Medical Journal, 4 August 2009:

[http://www.bmj.com/cgi/content/abstract/339/aug04\\_2/b2732](http://www.bmj.com/cgi/content/abstract/339/aug04_2/b2732)

**Euthanasia and other end of life decisions and care provided in final three months of life: nationwide retrospective study in Belgium"** Lieve Van den Block, August 15, 2009, British Medical Journal.

[http://www.bmj.com/cgi/content/abstract/339/jul30\\_2/b2772](http://www.bmj.com/cgi/content/abstract/339/jul30_2/b2772)

**End of life decisions and quality of care before death**, by Ira Byock, British Medical Journal, August 15, 2009:

[http://www.bmj.com/cgi/content/full/339/jul30\\_2/b2730](http://www.bmj.com/cgi/content/full/339/jul30_2/b2730)

**The expenditure experience of older households** (United Kingdom), Andrew Leicester et al. Examines detailed trends in expenditure patterns between 1995 and 2007, with a particular focus on the pensioner population.

<http://www.ifs.org.uk/publications/4600>

**Keeping dementia front of mind: incidence and prevalence 2009-2050**, August 2009. Final report by Access Economics Pty Limited for Alzheimer's Australia.

[http://www.alzheimers.org.au/upload/Front\\_of\\_Mind\\_Full\\_Report1.pdf](http://www.alzheimers.org.au/upload/Front_of_Mind_Full_Report1.pdf)

**Self-assessed health of individuals aged 55 and over in France and Québec: differences and similarities**, Jocelyne Camirand et al:

<http://www.irdes.fr/EspaceAnglais/Publications/IrdesPublications/QES142.pdf>

## Practice Resources

**Crane Library Web Picks of the Week** Continued thanks to Laurie Blanchard for her generosity in letting us duplicate these. If you wish to subscribe to the Web Pick of the Week, go to:

<http://lists.umanitoba.ca/mailman/listinfo/info-ltc>

### **Culture Change; The Arts and Elders**

<http://www.ageandcommunity.org/index.html> The University of Wisconsin at Milwaukee's Centre on Age and Community has a variety of excellent resources on culture change in long term care and on the arts and elders, for download or purchase. For a complete list go to: <http://www.ageandcommunity.org/products.html>

**Geriatric Nursing Education Wiki** *(A wiki is a website that allows the easy creation and editing of any number of interlinked Web pages. Wikis are often used to create collaborative websites, to power community websites, for personal note taking, in corporate intranets, and in knowledge management systems)*

[https://kumu.brocku.ca/geriatricnursingeducation/Main\\_Page](https://kumu.brocku.ca/geriatricnursingeducation/Main_Page)

The purpose of this Wiki is to share resources and tools to improve gerontological and geriatric nursing education.

Wiki categories include:

- Web-based Resources for Teaching
- Research Based Education Resources to Purchase
- Teaching Strategies to Share
- Mass Media Resources for Teaching
- Images of Aging
- How to Incorporate Guidelines and New Research Evidence in Teaching
- Curriculum Resources
- Core Competency Recommendations

## Active Aging Week Resources

<http://www.icaa.cc/activeagingweek/resourcesaaw.htm> - 4 **Active**

**Agging Week** was September 21 to September 27, 2009, but the website of the International Council on Active Aging, has brought together a number of downloadable publications which would be useful for encouraging activity participation in the elderly (and people of all ages) all year round!

### Resources for activities

- Brain Aerobics class stimulates the mind (PDF)
- Client handout: 10 Exercises for the brain (PDF)
- Client handout: Get active (PDF)
- How to select an age-friendly personal trainer (PDF)
- How to select an age-friendly fitness facility (PDF)

### Walking theme

- AARP's 10-week walking program Coordinator's Guide
- Client handout: Check your walking pattern (PDF)
- Client handout: Daily activity walking log (PDF)
- Client handout: Step log (PDF)
- Count the steps to motivate walking (PDF)
- Transform walking into the highlight of each day (PDF)
- Walking for fitness (PDF)
- ICAA Walking website

### Balance training for fall prevention theme

- Ezy tai chi: A simpler practice for seniors (PDF)
- Lesson plan for a balance class (PDF)
- Strength and balance training: a program for older adults (PDF)

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## NEW AT THE CENTER LIBRARY

To use the library, make an appointment with the Center's Academic Coordinator, Desi Owens: <mailto:desiowens@berkeley.edu>. To view the Center's library database on line see:

[http://opac.libraryworld.com/cgi-bin/opac.pl?command=signin&libraryname=ucb\\_center\\_on\\_aging](http://opac.libraryworld.com/cgi-bin/opac.pl?command=signin&libraryname=ucb_center_on_aging)

**Conversations with Ed- Waiting for Forgetfulness: Why Are We So Afraid of Alzheimer's Disease?** (2009). Authors: Ed Voris, Nader Shabahangi, and Patrick Fox, in collaboration with Sharon Mercer, Elders Academy Press.

## NEW PUBLICATIONS

**Who Am I ... Now That I'm Not Who I Was?:** Conversations with women in mid-life and the years beyond, Connie Goldman, **Nodin Press**, October, 2009. See: <http://www.nodinpress.com/> or contact Norton Stillman (612) 333-6300 / Fax (612) 333-6303.

## CALENDAR OF EVENTS

**Note:** The following are **all newly submitted events**. For a comprehensive calendar see **Resources on Aging** on our WEB site at:

<http://ist-socrates.berkeley.edu/~aging/ResourcesinAging.html> Newsletter archives

can be accessed at: <http://conium.org/~aging/Newsletters/> The **Gerontological**

**Society of America** maintains a national/international calendar at:

[http://www.geron.org/Resources/Events\\_Calendar](http://www.geron.org/Resources/Events_Calendar)

## Bay Area

**Wednesdays September 30 through December 16, 2009**

1:00 to 2:30 pm

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Jewish Family & Children's Services of the East Bay  
Suse Moyal Center for Older Adult Services

**EXPRESSIVE ART THERAPY FOR WOMEN OVER 50**

A supportive and relaxed environment for . . .

Exploring retirement, transitions, and health

Reflecting on changing identity and sense of self

Examining our role as women as we enter into a different stage of life

Through activities including discussion and simple art, drama, and writing exercises, we will gently awaken to the creativity within.

Women of all cultures, religions, and sexual orientations welcome.

No previous art experience needed. Facilitated by Judy Blumenfeld, MFTI. For more information or to register, please call Lisa Yordy at (510) 558-7800, ext. 716

**Oct 3rd**

**Senior Health Fair hosted by Muslim Support Network in Fremont.**

10:30 A.M. - 2:00 P.M.

ISLAMIC SOCIETY OF EAST BAY

33330 PEACE TERRACE, FREMONT, CA 94555

FREE ADMISSION

Booth with resources of information from Palo Alto Medical Foundation, Life ElderCare, HICAP and various other organizations will be available.

Come learn more about:

- Managing Diabetes
- Cardiovascular Disease
- Obesity

Healthy refreshments will be served on a first come first

served basis! Flu shots (Please bring your Medicare and Medical card for verification)

For more information please call:

Zeby Mohsin: (408) 976-6199

Abdul Razzak Adenwala: (510) 205-7070

MaryLou Johnson: (510) 574-2040

Moina Shaiq: (510) 657-7465

Asiya Asif: (408) 946-0345

Carolyn Robertson: (510) 574-2003

**Mondays October 5 to November 9, 2009**

### **MACULAR DEGENERATION SUPPORT GROUP**

While there is no known cure for macular degeneration, lifestyle choices may slow down or speed up the degenerative process. Stress, nutrition, exercise, sleep, and emotional outlook are all contributing factors to the health of our eyes.

In this group, we will learn a series of exercises designed to reduce stress and we will explore recent findings about the value of nutrition in preserving vision.

We will also share our unique experiences with each other and discover new techniques for coping with the emotional aspects of vision loss. The group will be moderated by Dr. Shirley Mayfield, Ph.D.

**2:00 to 3:30 pm**

\$45/person or \$70/couple, per meeting

(Registration & prepayment for 6-week series required)

**For more information or to register, please call Lisa Yordy at (510) 558-7800, ext. 716, JFCS/East Bay, Suse Moyal Center for Older Adult Services, 828 San Pablo Avenue, Suite 104, Albany, CA 94706**

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## October 6

### **Fact or Fad: Who is Shaping the Brain Fitness Market?**

Here is the buzz ... Perhaps you think that "Senior Moments" are an inevitable part of aging. But research shows you may be able to keep your brain young and fit the same way you do your body, with exercise and training. With the success of Nintendo's Brain Age, Posit Science and dozens of new software programs and games that promise "brain fitness", the real question is: "Are we experiencing a fad, or an emerging new consumer market?"

Join our speaker, Alvaro Fernandez, author of the new book *The SharpBrains Guide to Brain Fitness*, and our expert panel to discuss:

- What are the top products on the market today?
- Can the emerging field of Brain fitness improve your job performance?
- How will consumers make informed decisions on what to buy and use?
- What are the emerging trends to leverage for entrepreneurs to jump into the marketplace?

#### **Time and Place:**

October 6, 2009 -- 6 – 7 pm networking and food 7 - 8:30PM  
Program

Law Offices of Wilson Sonsini, 950 Page Mill Road, Palo Alto, CA 94301 \$20 in advance -- \$25 at Door.

Contact: Susan Ayers Walker, Managing Director, SmartSilvers, (office) 650-854-1146 (*pacific*)

## **October 14, 2009 - June 9, 2010 --- Register anytime!**

### **ETHNICITY AND THE DEMENTIAS: A WEBINAR SERIES**

Stanford Geriatric Education Center, in collaboration with the California Area Health Education Centers is taking this opportunity

to let you know that we are offering another series of webinars - online classes and seminars that you can attend from anywhere using your computer - in the 2009-2010 academic year. Each month, one of our faculty members will present a new topic designed to share useful information. These webinars are open to everyone, but only with PRIOR REGISTRATION. Each is one hour & 15 minutes long and you may register for any one of or all sessions. For a complete schedule and to register see:

<http://sgec.stanford.edu/events.html>

### **October 14**

#### **Facebook, twitter, blogs, MySpace, LinkedIn, what are they?**

David Casuto will walk us through the maze.

**WHERE:** SF State Downtown Campus, 835 Market St., 6th floor. Served by MUNI and BART - Powell St. Station. Parking at the Mission Street Garage

**WHEN:** Wednesday, October 14, 2009

**TIME:** 12:00pm - 3:15pm - Lecture, Questions and Discussion

**Admission:** Free to OLLI members \$10 or sliding scale for nonmembers No one turned away for lack of funds

Contact: Earl Frick

Voice Phone: 415-285-0430

E-mail <mailto:earlfrick@hotmail.com>

Web <http://www.cel.sfsu.edu/olli/>www.cel.sfsu.edu/olli/>

### **October 14-16**

#### **Northern California Council of Activity Coordinators 30th Annual Education Conference**

“30 Years of Choices - The Power to Change”

Concord, California

Questions or to register-- Contact: Diane Sorensen - 530-876-9275 at <mailto:stevendi1@earthlink.net>  
Or Lois Sciligo - 530-345-9026 at <mailto:ourpebbles@sbcglobal.net>  
Deadline for registration: OCTOBER 1, 2009

## Foundation Center

- **October 15 (pm) & 16 in San Francisco** **Foundation Funding Research: Strategies for Finding & Evaluating Prospects, Foundation Center**. Register on line at: [http://foundationcenter.org/marketplace/catalog/product\\_trainin\\_g.jhtml?id=prod2670037](http://foundationcenter.org/marketplace/catalog/product_trainin_g.jhtml?id=prod2670037)
- **Tuesday, October 20 in San Francisco** **Developing a Fundraising Plan** *For grantseekers who are responsible for annual campaigns and for those who want to diversify their funding streams.* The key to long-term financial stability is often diversified funding. In this course, you'll learn to craft a fundraising plan that includes a healthy mix of resources. With careful planning and an understanding of the components of a well-orchestrated campaign, your organization can attain its fundraising goals.  
[http://foundationcenter.org/marketplace/catalog/product\\_trainin\\_g.jhtml?id=prod2670031](http://foundationcenter.org/marketplace/catalog/product_trainin_g.jhtml?id=prod2670031)

## October 21st

RSVP San Francisco & Alameda Counties will offer a **digital photography workshop** on Wednesday, October 21st at 1:00 PM at the Western Addition Community Technology Center at 1003 A Turk St. in San Francisco. This two hour workshop is for all "newbies" with a digital camera who are somewhat mystified and would like to learn more. Come to this free workshop with your

digital camera. Space is limited. Please call 415.474.7787 to reserve a place.

## **October 22**

### **TimeSlips Training**

This is your opportunity to learn about the ground-breaking technique of creative storytelling for people with dementia. Stagebridge trainers Liz Nichols and Stuart Kandell will lead an all day workshop at the Redwoods in Mill Valley on October 22. The \$85 fee for the day includes a demonstration, class, instruction, lunch and training manual. All participants will be certified as TimeSlips Trainers. For more information and to register click here: <http://www.stagebridge.org/timeslips.htm>

## **October 29**

American Golf Program For Senior Centers (AGPSC) is a nonprofit organization developed to teach the Baby Boomers & Seniors the game of golf from "green to tee." Our entire volunteer staff offer instructional lessons, videos, hands-on putting contest and refreshments at no cost to our Baby Boomers & Seniors. AGPSC is hosting the FREE "**Halloween Senior Fair**" at Dublin Senior Center, October 29, 2009.

For more information contact: Nancy Foster, AGPSC Executive Director, <mailto:puttnutt@sbcglobal.net>, <http://www.agpsc.org>

## **October 29, 30 & 31**

### **Mediation Training for Eldercare Professionals**

October 29, 30 & 31, 2009; 9:00 am - 5:00 pm

Faculty: Dana Curtis

Location: Sausalito, CA

Course Content & Objectives

This 3-day intensive trains professionals in the fundamentals of mediation at three levels: theoretical, practical and personal aspects of a mediation process that allows parties to bridge differences through understanding. For information and to register see:

<http://eldermediationgroup.com/emg/mediationtrainingECP.html>

### **Thursday, November 5**

The Mental Health Association of San Francisco (MHA-SF) presents **The 12TH ANNUAL CONFERENCE ON HOARDING AND CLUTTERING: *Different Perspectives, Universal Goals***

Do you know someone who is overwhelmed by too much stuff?

**Time:** Thursday, November 5, 2009, 9:00am to 4:30pm

**Location:** The Conference Center at Saint Mary's Cathedral, San Francisco

**Keynote speaker:** Tamara Hartl, PhD

Hear personal stories of those living with and recovering from compulsive hoarding

Learn how to successfully communicate with people who hoard

Gain insight on how to navigate support systems and access community resources

Obtain practical tools to effectively improve living situations

To register:

<https://app.etapestry.com/hosted/MentalHealthAssociationofS/HCR/registration.html>

**Early Bird fee deadline for Conference, October 9th**

For more information please visit our website at

<http://www.mha-sf.org/>

### **Saturday, November 14th**

**Caregiver Training**, Mt. Diablo Caregiver University

Do you care for a family member or friend who is frail, disabled or has a cognitive impairment?

Then it's back to school for you! Caregiver University, a day-long program for learning and sharing.

Workshops conducted by experts on topics including:

- Incontinence care/toileting
- Bathing/hygiene/grooming/dressing
- Dental care
- Feeding/nutrition
- Transfer skills
- Caregiver self-care
- Behavioral issues management

When: Saturday, November 14th, 2009, 8:30 a.m. - 3:30 p.m.

Where: Comm Rm, PHEC, 1266 San Carlos Avenue, Concord, CA 94518

Registration fee: \$25, Scholarships available. For questions about scholarships please call: (800) 445-8106, ext. 317

For information Contact:

[http://www.mdusd.k12.ca.us/adulted/phone\\_directory.htm](http://www.mdusd.k12.ca.us/adulted/phone_directory.htm)

Course Number: 206603

Course Title: Caregiving Training

**Pre-Pre-Registration Required by November 12th, 2009**

## California

**Monday, October 26**

**Foundation Fundraising: An Introductory Course**

Visalia, CA

*For nonprofits new to foundation fundraising.*

The foundation approach to funding presents distinct challenges and opportunities for nonprofits. This course will help you

understand the grantmaking objectives of independent, corporate, and community foundations, identify grantseeker resources, and effectively partner with grantmakers. See:  
[http://foundationcenter.org/marketplace/catalog/product\\_training.jhtml?id=prod2710001](http://foundationcenter.org/marketplace/catalog/product_training.jhtml?id=prod2710001)

## National

### October 8 to 10, 2009

#### **Acting for Life: A Senior Theatre Workshop and Conference**

Come take part in ***Acting for Life: A Senior Theatre Workshop and Conference on Oct. 9-10***. These two days of fun, learning, and networking are being offered to inspire the development of more senior theatre activities in **Minnesota** and to showcase model programs. Try out your acting skills and learn about exciting types of senior theatre such as readers theatre, storytelling, old-time radio theatre, and improve acting. See:

<http://www.mncaan.net/community/community-events-item.html?id=27;region=true>

## COMMUNITY RESOURCES

A team of researchers are developing a website that provides information about products and technologies used in long term care settings. We are asking **individuals who work in long term** care settings and may potentially use these products/technologies **to evaluate the website** by completing a survey. If you, your staff members or colleagues are interested in completing the survey, please forward names and email addresses to <mailto:research@ideasconsulting.org>. An invitation inviting them to participate in the survey will be emailed. If, after receiving the email

invitation, participants change their mind they can opt out of taking the survey. Questions? Email: Rachel Resnick  
<mailto:rachel.r.resnick@gmail.com>

**Senior Center Without Walls** offers activities, friendly conversation, and an assortment of classes and support groups to adults aged 50+ in the San Francisco Bay Area and throughout Northern California who find it difficult to go to a community senior center. From the comfort of their homes, they connect to our activities using their own telephones.

And it's FREE! **Fall schedule now available.** Contact:  
<http://www.SeniorCenterWithoutWalls.org> or 1-877-797-7299

**Ashby Village** was founded by a small group of local residents from Berkeley and Oakland neighborhoods. It was based on the groundbreaking model of Beacon Hill Village in Boston (<http://www.beaconhillvillage.org/index.html>). The intention was to create peace of mind so members could continue to enjoy urban life in a multi-generational and multi-cultural setting. It is a way to stay in your own home, develop a wider net of community relationships, bring services to your home, continue to be independent and safe and to provide an alternative to current models of living as we age. For information see:  
<http://www.ashbyvillage.org/>

The Brookdale Foundation is seeking applicants for the **2010 Brookdale Leadership in Aging Fellowship Program**, which is open to all professionals in the field of aging, including nurses. The foundation seeks candidates that demonstrate leadership potential; are commitment to a career in aging; have a mentor; agree to commit at least 75% time for career development during the two-

year fellowship; and propose a project related to the field of aging that will contribute to the candidate,s career development. Candidates should be between the first and tenth years of their graduate degree. A grant award of up to \$125,000 each year is intended to cover 75% of the Fellow,s time, base salary and fringe benefits. **Deadline to apply is November 5, 2009.** For complete details, see <http://bf.ianet.org/bf/>

**END**

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All Internet links in this newsletter have been checked. Please allow sufficient time for links to load, **especially pdf** (Portable Document Format) documents. To view a pdf document, you will need the Adobe® Acrobat® Reader available **free** from Adobe at: [http://www.adobe.com/products/acrobat/readstep2\\_allversions.html](http://www.adobe.com/products/acrobat/readstep2_allversions.html)  
If for some reason a link does not work, copy and paste the address into your browser.

A **copy of this newsletter** that includes all events not expired is updated monthly at: <http://ist-socrates.berkeley.edu/~aging/ResourcesinAging.html>. Prior editions (pdf files only) of *New Resources on Aging* can be accessed at: <http://socrates.berkeley.edu/~aging/Newsletters>. Click on the folder you wish to access (2008, 2009). Then click the arrow to the right of the edition(s) you'd like to download.

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**Please Note:** Due to anti-spam filters on some e-mail services, many messages are blocked or deleted. **Please add lists@berkeley.edu** to your e-mail system's "safe" list of senders to ensure receipt of our messages.

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newsletter and job announcements place "Jobs & Newsletter" in the message's subject field.

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Suggested amounts:

\$10 a year for newsletter

\$10 a year for job listings

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