



Resource Center on Aging University of California Berkeley

New Resources on Aging

A Monthly Email Newsletter from
The Resource Center on Aging
University of California at Berkeley
August, 2009

EDITOR'S NOTES

A reminder that the Center maintains a **list-serve of job opportunities** in the field of aging in California (primarily but not exclusively in the Bay Area). If you would like to receive these notices, send an e-mail note to <mailto:ddriver@berkeley.edu> with "Jobs Only" in the message's subject field. If you would like to receive both the newsletter and job announcements place "Jobs & Newsletter" in the message's subject field. If you are an employer **anywhere in California** and have a job opening in your agency, email it to <mailto:ddriver@berkeley.edu> and it will be posted to the list which includes approximately 1,500 individuals in the field of aging.

Let us know if you have made a donation and would like to be included on our **Donation Page on our WEB site** at:

<http://ist-socrates.berkeley.edu/~aging/donation.html>

Continued thanks to all for your generosity and support.

The September edition of the newsletter will be published **Monday, August 31st. The deadline for items to be included in the September**

issue is Monday, August 24th. Please email submissions to:
<mailto:ddriver@berkeley.edu>.

NEW ON THE WEB

Aging in the Media

(Continued thanks to readers who forward information.)

AIDING AGING MUSCLES (3:34) In this video, part of the PBS NOVA series Science Now, see how "exercise in a pill" could one day help the elderly and the bedridden. See:

<http://www.pbs.org/wgbh/nova/sciencenow/0403/03.html>

TIME MAGAZINE: "**The Pros and Cons of Reverse Mortgages**," by Cybele Weisser (Jul. 20, 2009).

<http://www.time.com/time/magazine/article/0,9171,1909607,00.html>

A delightful human-interest story about **an older woman and her car**:

<http://growingbolder.com/media/technology/vehicles/romancing-the-road-259598.html>

On The Road Again: Specialists Help Aging Drivers, by Joseph Shapiro, NPR's *Morning Edition*, July 6, 2009.

<http://www.npr.org/templates/story/story.php?storyId=106158069>

EDITORIAL, *New York Times*, **Fair Pay for Caregivers**, Published: July 8, 2009,

http://www.nytimes.com/2009/07/09/opinion/09thur2.html?_r=2&ref=todaypaper

MONTHS TO LIVE: Sisters Face Death With Dignity and Reverence

Sister Mary Lou Mitchell, president of the Sisters of St. Joseph congregation, visiting Sister Helen Goschke. “We approach our living and our dying in the same way, with discernment,” Sister Mary Lou said. By JANE GROSS, Published: July 8, 2009, *New York Times*

<http://www.nytimes.com/2009/07/09/health/09sisters.html>

Counter Culture: A Photo Essay, *The New Yorker*, July 13th, 2009, By Andrea Walker,

<http://www.newyorker.com/online/blogs/books/2009/07/counter-culture-a-photo-essay.html?printable=true¤tPage=all>

Consumer Resources

For a free copy of the NIA’s **Age Page on hyperthermia** in English or in Spanish, go to <http://www.niapublications.org/agepages/hyperther.asp> or <http://www.niapublications.org/agepages/hyperther-sp.asp> for the Spanish-language version.

The Medicare Diabetes Screening Project is A National Drive to Find the Undiagnosed and increase awareness of the benefits for diabetes screening that Medicare offers to seniors ages 65 and older. See:

<http://www.screenfordiabetes.org/home>

Growing Up and Growing Older: Books for Young Readers©

is an annotated booklist of nonageist literature (Preschool-Third Grade) by Dr. Sandra L. McGuire, Professor, Chair MSN Program The University of Tennessee, Knoxville College of Nursing and Director of Kids Are Tomorrow's Seniors (KATS). See:

<http://www.lib.utk.edu/refs/ccyal/mcguire-booklist-2009.pdf>

Research & Reports

Don't forget to check out **What's New on AARP Policy & Research** at: <http://www.aarp.org/research/whatsnew.html>

The UC Irvine Center of Excellence on Elder Abuse & Neglect have conducted DOJ-funded **studies on bruising in older adults**. If you'd like a copy of on bruising in older adults who have been physically abused, published in *Journal of the American Geriatrics Society* (July 2009). Email <mailto:eachen@uci.edu> to request the full article on bruising in older adults published in *The Journal of the American Geriatrics Society* (July 2009).

NATIONAL BUREAU OF ECONOMIC RESEARCH: "**Why do the Elderly Save? The Role of Medical Expenses**," by Mariacristina De Nardi, Eric French, and John Bailey Jones, July 2009.

<http://papers.nber.org/papers/w15149>

METLIFE MATURE MARKET INSTITUTE QUICKPOLL:
Grandparents Generous with Money, Not with Advice July 2009,
<http://www.metlife.com/assets/cao/mmi/publications/quick-facts/mmi-grandparents-generous-money-not-advise.pdf>

"**Fast Facts and Figures About Social Security, 2009**", July 2009,
http://www.socialsecurity.gov/policy/docs/chartbooks/fast_facts/2009/index.html

Researchers find early markers of Alzheimer's disease

By Sarah Yang, Media Relations | 14 July 2009

BERKELEY - A large study of patients with mild cognitive impairment revealed that results from cognitive tests and brain scans can work as an

early warning system for the subsequent development of Alzheimer's disease. See:

http://www.berkeley.edu/news/media/releases/2009/07/14_alzheimers.shtml

From the Urban Institute

- **How Will the Stock Market Collapse Affect Retirement Incomes?** Older Americans' Economic Security No. 20, Barbara Butrica, Karen E. Smith, Eric Toder, Publication Date: June 24, 2009, http://www.urban.org/UploadedPDF/411914_retirement_incomes.pdf
- **Revitalizing Social Security: Effectively Targeting Benefit Enhancements for Low Lifetime Earners and the Oldest Old**, Statement of Melissa M. Favreault, Senior Research Associate The Urban Institute, Before the U.S. Congress Senate Special Committee on Aging Sen. Herb Kohl, Chairman, Melissa Favreault. Publication Date: June 17, 2009. http://www.urban.org/UploadedPDF/901268_revitalizingsocialsecurity.pdf
- **The Future of Long-Term Care: What Is Its Place in the Health Reform Debate?**, Howard Gleckman, Publication <http://www.urban.org/url.cfm?ID=411908>
- **Unemployment Statistics on Older Americans**, Richard W. Johnson, Corina Mommaerts, Publication Date: June 11, 2009, <http://www.urban.org/url.cfm?ID=411904>

Health Characteristics of Adults Aged 55 Years and Over: United States, 2004-2007 by Charlotte A. Schoenborn, M.P.H., and Kathleen M. Heyman, M.S. Division of Health Interview Statistics
Highlights selected health characteristics of four age groups of older adults: 55-64 years, 65-74 years, 75-84 years, and 85 years and over using data from the 2004 through 2007 National Health Interview Survey

(NHIS). Data are presented for each of these age groups by sex, race and Hispanic origin, and by poverty, health insurance, and marital status.

<http://www.cdc.gov/nchs/data/nhsr/nhsr016.pdf>

Impact of Exercise in Community-Dwelling Older Adults

Ruth E. Hubbard et al, Investigation of the impact of exercise on the probabilities of health improvement, deterioration and death in community-dwelling older people.

<http://www.plosone.org/article/info%3Adoi%2F10.1371%2Fjournal.pone.0006174>

Retirement Plans From Hell, Scott Woolley, Forbes Magazine dated July 13, 2009. Insurance salesmen have stuffed thousands of 401(k) plans into high-cost "group annuities."

<http://www.forbes.com/forbes/2009/0713/group-annuity-aig-retirement-plans-from-hell.html>

Cognition and Economic Outcomes in the Health and Retirement Survey by John J. McArdle, James P. Smith, Robert Willis, (June 2009).

This research examines the association of cognitive skills with wealth, wealth growth, and wealth composition for people in their pre and post-retirement years.

Text: See Discussion Paper No. 4269. <http://ftp.iza.org/dp4269.pdf>

Payment for Medicare Advantage Plans: Policy Issues and Options,

by Audrey McDowell and Steven Sheingold, June 2009,

<http://aspe.hhs.gov/health/reports/09/medicareadvantage/index.shtml>

Research & Reports—International

An Aging World: 2008, *International Population Reports*

U.S. Department of Commerce Economics and Statistics Administration,
U.S. CENSUS BUREAU, U.S. Department of Health and Human

Services, National Institutes of Health, NATIONAL INSTITUTE ON AGING

Issued June 2009, By, Kevin Kinsella and Wan He.

<http://www.census.gov/prod/2009pubs/p95-09-1.pdf>

SOCIAL AND ECONOMIC DIMENSIONS OF AN AGING POPULATION (SEDAP) (MCMASTER UNIVERSITY) [HAMILTON, ONTARIO, CANADA]: "**Cohort Working Life Tables for Older**

Canadians," Frank T. Denton, et al., June 2009,

<http://socserv.mcmaster.ca/sedap/p/sedap247.pdf>

AUSTRALIAN GOVERNMENT DEPARTMENT OF HEALTH AND AGEING, **Working together to keep Meals on Wheels rolling across Queensland**, (Jul. 16, 2009,

<http://www.health.gov.au/internet/ministers/publishing.nsf/Content/mr-yr09-je-je087.htm>

CENTER FOR RETIREMENT RESEARCH AT BOSTON COLLEGE ISSUE BRIEF: "**Is Latin America Retreating From Individual**

Retirement Accounts?" by Fabio Bertranou, Esteban Calvo, and Evelina Bertranou (IB No. 9-14, July 2009,)

http://crr.bc.edu/images/stories/Briefs/ib_9-14.pdf

The great public-sector pension rip-off: Dodging the bill

Jul 9th 2009_ From *The Economist* print edition

It is time to recognise the full costs of public-sector pension schemes to the rest of us (England).

http://www.economist.com/opinion/displaystory.cfm?story_id=13988606

Extending lifespan: Of mice and monkeys And men?

Jul 9th 2009_ From *The Economist* print edition

MOST people accept that death and taxes are inevitable. But that doesn't mean you should not try to postpone them. A good accountant can help with the latter, but the usual prescription for the former is a way of life that avoids excess.

http://www.economist.com/sciencetechnology/displaystory.cfm?story_id=13983340 (England)

Association between mid-life marital status and cognitive function in later life: population based cohort study, 2 July 2009

Krister Håkansson, et al. (Finland.)

http://www.bmj.com/cgi/content/full/339/jul02_2/b2462

ASIAN DEVELOPMENT BANK: "**Ageing Asia's Looming Pension Crisis**," by Donghyun Park, July 2009,

This paper provides a broad overview of the current state of the pension systems in Peoples Republic of China, Indonesia, Republic of Korea, Malaysia, Philippines, Singapore, Thailand, and Viet Nam

<http://www.adb.org/Documents/Working-Papers/2009/Economics-WP165.pdf>

Practice Resources

Crane Library Web Picks of the Week Continued thanks to Laurie Blanchard for her generosity in letting us duplicate these. If you wish to subscribe to the Web Pick of the Week, go to:

<http://lists.umanitoba.ca/mailman/listinfo/info-ltc>

Culture Change Toolkit

<http://www.aahsa.org/CultureChangeToolkit.aspx> The State Investment in Culture Change Toolkit is designed to help states initiate or expand culture change efforts in nursing homes. The toolkit is a collection of programs and activities that seven states created to support culture change initiatives in nursing homes. The materials were collected from a case study supported by The Commonwealth Fund. The goal is to provide other states

with this information, so they can learn from these experiences, and to create a network among state governments and other key organizations. The toolkit organizes the descriptions of the initiatives into three areas:

- Workforce Improvement Initiatives;
- Person-Centered Care Initiatives;
- Continuous Quality Improvement Initiatives.

You can download the programs and activities either through the Full Toolkit or by accessing specific sections of the toolkit: The sections are:

- Introduction and How to Get Started
- Workforce Improvement Initiatives
- Person-Centered Care Initiatives
- Continuous Quality Improvement Initiatives
- Appendix - Resources Outside of Case Study States

The webpage also includes the Culture Change Geriatric Aide Curriculum, designed for certified nursing assistants to become a geriatric aide. The curriculum focuses on innovative nurse aide care and clinical topics such as pressure ulcers, depression, dementia and challenging behaviors, mental health and death and dying, incorporating person-centered care concepts. The curriculum can provide a template for other states interested in creating a similar curriculum.

The curriculum is divided into five main topic areas and several modules within each topic area:

- Person-Centered Care;
- Nurse Aide Tasks;
- Nutrition and Hydration;
- Challenging Behaviors; and
- Pain and Palliative Care.

Best Practices Toolkit: Implementing and Sustaining Change in Long-Term Care

<http://ltctoolkit.rnao.ca/content/introduction> The Best Practices Toolkit is compiled by the Long-Term Care Best Practices Initiative Team, an

initiative led by the Registered Nurses Association of Ontario, which had its origins in a three- year pilot from the Ontario Ministry of Health and Long-Term Care.

The goal of the 'Long-Term Care Best Practices Initiative' is to support long-term care homes in adopting evidence-based practices that will support systematic and consistent approaches to providing quality care for residents. The Toolkit is intended to be used by LTC home staff to support their efforts in best practice implementation. It is a dynamic resource, and is being updated and revised on a regular basis by the LTC Best Practices Initiative team.

The five toolkit topics are:

- Client-centered care
- Continence and Constipation: assessment and management
- Falls prevention and management
- Pain assessment and management
- Pressure ulcer risk prevention, assessment and management

Each topic is divided into the following sections:

- Best Practices/Standards
- Assessment Tools
- Planning & Implementation Tools
- Quality Improvement Tools
- Additional Implementation Resources
- Policies and Procedures
- Care Planning
- Education Resources
- Evaluation
- Recommended Readings/References

Management of Hip Fracture in Older People

<http://www.sign.ac.uk/guidelines/fulltext/111/index.html>

Released in June, 2009 by the Scottish Intercollegiate Guidelines Network.

Many disciplines, specialties and agencies are involved in the care of patients with hip fracture, and a patient undergoing even fairly straightforward management may meet many different professionals in the course of one admission.

Coordinating these different services to provide acute care, rehabilitation and continuing support for a large and vulnerable group of patients remains a challenge

The aim of this guideline is to ensure that older people with a hip fracture receive optimal management. This guideline covers pre-hospital care, management in the emergency department, pre- and postoperative care, discharge planning and rehabilitation.

This guideline will be of interest to anyone who has responsibility for the care of patients with a hip fracture, including ambulance staff, care-givers, general practitioners, hospital doctors, nurses, anaesthetists, orthopaedic surgeons, occupational therapists, patients, physiotherapists, dietitians and social workers.

National Transitions of Care Coalition

http://www.ntocc.org/Home/Consumers/WWS_C_About.aspx The site includes information to help health professionals, patients and their caregivers, and policy makers better understand issues associated with transitioning from one healthcare setting to another and tools to help consumers as they navigate transitions. You may also join NTOCC as a subscriber to be notified as new tools are made available.

The Health Professional Tools include:

- My Medicine List
- Taking Care of My Health Care.
- Transitions of Care Checklist
- How to Implement and Evaluate a Plan:
- Medication Reconciliation Essential Data Specifications
- Transitions of Care Measures
- Informational Slide Deck

- Informational Brochure
 - Policy Paper
-

NEW AT THE CENTER LIBRARY

To use the library, make an appointment with the Center's Academic Coordinator, Desi Owens: <mailto:desiowens@berkeley.edu>. To view the Center's library database on line see: http://opac.libraryworld.com/cgi-bin/opac.pl?command=signin&libraryname=ucb_center_on_aging

Eager for Your Kisses: Love and Sex at 95 (2006), a film by Liz Cane, New Day Films.

The Alzheimer's Project, A 4-Part HBO Documentary Series Changing the Way America Thinks About Alzheimer's Disease (2009).

CALENDAR OF EVENTS

Note: Except for UC Berkeley, the following are **all newly submitted events**. For a comprehensive calendar see *Resources on Aging* on our WEB site at:

<http://ist-socrates.berkeley.edu/~aging/ResourcesinAging.html> Newsletter archives can be accessed at: <http://conium.org/~aging/Newsletters/> The **Gerontological Society of America** maintains a national/international calendar at: <http://www.geron.org/calendar.htm>.

UC BERKELEY

The University of California Berkeley Center for Advanced Study of Aging is serving as a co-sponsoring organization for The Institute on Aging educational series that explores **four cornerstones of professional**

eldercare. This quarterly series will address end-of-life care, caregiving, clinical care and issues of capacity. It will be held at St. Mary's Cathedral Event Center, 1111 Gough Street, cross street Geary, San Francisco, CA 94118

To register see: <http://cornerstonesofcare.eventbrite.com/> and <http://education.ioaging.org/cornerstones/caregiving.html>

Capacity: What Is It? How Do We Assess It? What Happens When We Lose It?, Wednesday, September 16, 2009 -- 8:30 AM to 4:30 PM

<http://education.ioaging.org/cornerstones/capacity.html>

For further information contact Janet Howell, Project Manager, in IOA's Department of Education at (415) 750-4180 ext 227

Bay Area

FREE 2009 Health Screening for Seniors (age 60 or older)

Call now to signup:

Janel Moore, Wise and Well nurse coordinator, (650) 696-7663

APPOINTMENT NECESSARY

When: 9 - 11:30 a.m.

Where: Five Senior Centers throughout San Mateo County:

- Sept. 3 Lincoln Park Senior Center Daly City
- Sept. 8 San Bruno Senior Center San Bruno
- Sept. 10 Martin Luther King Center San Mateo
- Sept. 15 Senior Coastsiders Half Moon Bay
- Sept. 24 Menlo Park Senior Center Menlo Park

Health screening includes:

- a Complete cholesterol profile (Total, LDL, HDL, Triglycerides)
- a Blood pressure
- a Blood glucose
- a Weight, BMI
- a Consultation with a nurse or dietitian

Dr. Emanuel Friedman Wise and Well Program funded by Senior Focus, Mills-Peninsula Health Services, the Peninsula Health Care District and San Mateo County Aging and Adult Services

Wednesday, August 12 - Friday, August 14, 2009

The San Francisco Regional Office invites you to attend the [2009 National Medicare Workshop](#).

When: Wednesday, August 12 - Friday, August 14, 2009

Where: Holiday Inn Fisherman 's Wharf - 1300 Columbus Ave - San Francisco, CA 94133

Registration

Please register as soon as possible at

<http://www.blsmmeetings.net/2009NationalMedicareTrainingProgram/>

Any questions regarding the registration process, please call **Karen Mines** at **301.577.0244** ext **23**.

What's new this year?

- Enhanced basic and advanced tracks for learning about Medicare (choose your track on the registration page).
- Hands-on computer practice, exploring CMS resources for practical application.
- Cross-Generational Learning - understanding generational differences and targeting our messages.

What's the same?

- Medicare training information and materials that are current, accurate, and consistent.
- Opportunity to network with CMS staff and other partners who share your commitment.
- Subject matter experts panel.
- 2009 CD Suite - with the training modules, videos, Resource Guide, toolkits, and more!

August 15th.

The **10th Annual Kahuna Kupuna** is scheduled for August 15th. An intergenerational team division has been set up for surfers of all ages from 5 to **90!** along with separate divisions that are mostly in 5 year increments for surfers age 40 and over. There will be some great surfers participating, fantastic raffle prizes, good food, live music and lots of aloha spirit to go around. All net proceeds from the contest will support Pacifica's Environmental Family, a 501 © (3) non-profit fiscal sponsorship organization that assists small, grass roots environmental groups in Pacifica to access grant funding. For entry forms or for more information, please go to <http://www.KahunaKupunaSurf.org>

Saturday, August 29th 2009

Institute on Aging **Benefit Concert supporting The Friendship Line.**

Time: 5:00pm - 11:00pm, all-ages show starts at 5:00 pm
(21+ after 9:00)

Where: Il Pirata, 2007 - 16th Street in San Francisco

Food will be available for purchase from the venue until 9pm.

Cost: \$20 presale | \$25 at the door

See: <http://fundsforfriends.eventbrite.com/>

September 11th

The American Society on Aging and SharpBrains will co-produce a professional development day for professionals in the field of aging. The day is themed "**Brain Health Day: New Tools, New Partnerships**", and will take place on Friday, September 11th, during ASA's West Coast Conference on Aging, in the Oakland Marriot City Center, Oakland, CA. Identify the best mix of brain health practices and technologies by discussing real world case studies in a variety of settings: adult education, independent living, assisted living. For information see:

<http://www.sharpbrains.com/about-us/asa-brain-health-day/>

California

Submission deadline September 14, 2009

Call For Sessions

Aging Services of California is seeking presentations for the 2010 Annual Conference & Exposition, **Communities: Inside Out** to be held May 3 - 5, 2010 in Long Beach, CA.

The Aging Services of California Annual Conference audience is comprised of senior-level staff from diverse, not-for-profit aging services, including assisted living facilities, continuing care retirement communities, home and community-based services, multi-facility organizations and skilled nursing facilities.

Presentation Structure

Education programs are offered in one (1) hour and two (2) hour time slots. The multidisciplinary education program is organized into separate education tracks.

Aging Services seeks presentations that enhance the participants learning experience. To create this opportunity, sessions should incorporate interactive educational methods, provide replicable knowledge and demonstrate measurable outcomes/results.

Submission deadline is **September 14, 2009**. For more information see:

<http://www.aging.org/i4a/pages/index.cfm?pageid=1>

Questions regarding proposals should be submitted to Jan Guiliano, Director of Education and Events.

<mailto:jguilian@aging.org>

National

2009 National Medicare Workshops

- San Francisco, CA: August 12-14, 2009
- Seattle, WA: August 25-27, 2009
- Kansas City, MO: September 1-3, 2009

- Atlanta, GA: September 16-18, 2009
- Boston, MA: September 21-23, 2009
- New York, NY: September 23-25, 2009

Registration

<http://www.blsm meetings.net/2009NationalMedicareTrainingProgram/>Any questions regarding the registration process, please call **Karen Mines** at **301.577.0244** ext **23**.

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- Medicare training information and materials that are current, accurate, and consistent.
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- Subject matter experts panel.
- 2009 CD Suite - with the training modules, videos, Resource Guide, toolkits, and more!

2009 Regional Conferences on Aging

Oakland, CA, September 8-11 and Philadelphia, PA, September 21- 24, 2009.

The American Society on Aging's regional Conferences on Aging offer programs and continuing education for professionals who work with older adults and their families. They are designed to help you stretch your education and training budget. Since you pay for only the courses you attend, you can select individual courses that match your learning needs,

your schedule and your budget. Attend half-day or full-day programs, or create a multi-day program to fit your needs. See:

<http://www.asaging.org/CoA09/>

September 15-16

Healthy Aging Research Network Conference: Promoting Environmental and Policy Change to Support Healthy Aging

This conference will address the critical role of environmental and policy changes in promoting healthy aging and healthier communities. It will offer an important opportunity for professionals and advocates from a wide array of disciplines to learn from experts and from each other about how they can work together to implement such changes within their own communities.

The Healthy Aging Research Network, supported by the Centers for Disease Control and Prevention, is hosting the conference at the University of North Carolina (UNC) in Chapel Hill, North Carolina, on September 15-16, 2009.

See: <http://prc-hanconferences.com/2009-conference>

COMMUNITY RESOURCES

To celebrate Grandparents Day on September 13, The Vagabond Players has announced an **Outstanding Grandparents** contest. It is open to Contra Costa County residents whose grandparents or great-grandparents also live in the county.

Judges will be looking for entries that reveal the positive influence of a grandmother-grandfather couple on their kin and others, according to the sponsor. The organization is a troupe of mostly senior actors who perform at assisted living facilities, senior centers, retirement homes, and El Campanil Theatre in Antioch.

The outstanding grandparents will be announced at the September 13 matinee of *On Golden Pond* at El Campanil Theatre in Antioch. Entries must be 200 words or less, and **postmarked no later than August 28**. Send entries to The Vagabond Players, 608 Twinbridge Ct., Pleasant Hill, CA 94523. More information? Contact: Sharon Redman, Artistic Director, <mailto:SundownCA@aol.com>

The Novato-based Buck Institute for Age Research (<http://www.buckinstitute.org/>) conducts **Docent-led tours** every Thursday at 10:30 a.m. Please call 415-209-2245 to reserve a space today!

Consumer Rights for Community Living is Up and Running!

Planning for Elders announces its new program, Consumer Rights for Community Living (CRCL), **dedicated to ensuring the right of seniors and people with disabilities to live independently in the community**. Developed in partnership with the Independent Living Resource Center San Francisco, CRCL assists people as they navigate the complex web of home and community-based support services. CRCL staff and peer advocates give individual hands-on support for solving problems. By facilitating access to services and helping people resolve grievances when their needs are not being met, we hope to help more people remain in their homes and avoid unnecessary institutionalization.

If your paratransit application had been denied, if it's taking too long to get your wheelchair repaired, if you're having trouble getting the home healthcare you need, call us! We can assist you in resolving complaints, connect you to services that will make it easier for you to live in the community, and help you get connected to people who are working for change.

Consumer Rights for Community Living, 415-703-0286, TTY: 703-0186
<mailto:helpline@planningforelders.org>

Planning for Elders works to improve the quality of life of seniors and adults with disabilities through advocacy, community organizing, education and training.

The Rosalinde Gilbert Innovations in Alzheimer's Disease

Caregiving Legacy Awards, Prizes for Innovative Caregiver Programs in: Policy & Advocacy, Diverse Communities, and Creative Expression. Nonprofit organizations, government agencies and universities are invited to apply for the 2009 Rosalinde Gilbert Innovations in Alzheimer's Disease Caregiving Legacy Awards. The **deadline to apply is August 14, 2009, 5:00 pm PT.**

Three awards of \$20,000 each will be given to organizations to recognize unique programs that address the needs of Alzheimer's caregivers. One award will be granted in each of these categories:

- **Diverse/Multicultural Communities**
- **Creative Expression**
- **Policy and Advocacy**

To see the details about the awards and access the online application see:

http://caregiver.org/caregiver/jsp/content_node.jsp?nodeid=2188

All Internet links in this newsletter have been checked. Please allow sufficient time for links to load, **especially pdf** (Portable Document Format) documents. To view a pdf document, you will need the Adobe® Acrobat® Reader available **free** from Adobe at:

http://www.adobe.com/products/acrobat/readstep2_allversions.html

If for some reason a link does not work, copy and paste the address into your browser.

A **copy of this newsletter** that includes all events that have not expired is updated monthly at: <http://ist-socrates.berkeley.edu/~aging/ResourcesinAging.html>. Prior editions (pdf files only) of *New Resources on Aging* can be accessed at: <http://socrates.berkeley.edu/~aging/Newsletters>. Click on the folder you wish to access (2008, 2009). Then click the arrow to the right of the edition(s) you'd like to download.

To subscribe to this newsletter: <mailto:ddriver@berkeley.edu> with "subscribe newsletter" on the subject line.

Please Note: Due to anti-spam filters on some e-mail services, many messages are blocked or deleted. **Please add lists@berkeley.edu** to your e-mail system's "safe" list of senders to ensure receipt of our messages.

If a colleague has forwarded this newsletter to you, why not get the newsletter directly? Send an e-mail to <mailto:ddriver@berkeley.edu> with "Newsletter Only" in the message's subject field. If you are interested in receiving job postings in the field of aging in California (primarily but not exclusively in the Bay Area) send an e-mail note with "Jobs Only" in the message's subject field. If you would like to receive both the newsletter and job announcements place "Jobs & Newsletter" in the message's subject field.

Postings in this newsletter are for informational purposes only and do not constitute endorsement by the Resource Center on Aging or the University of California. **Please do not contact the UCB Resource Center on Aging about information on these posts. Contact the provider directly. Thank you.**

Donations

The newsletter and jobs lists are complimentary services of the UC Berkeley Resource Center on Aging. Please consider making a donation to support this work.

Suggested amounts:

\$10 a year for newsletter

\$10 a year for job listings

\$20 a year for both

\$20 per job posting.

\$10 per newsletter posting.

We appreciate all donations, large or small. Thank you (Donation year is January 1 - December 31 or any portion thereof.)

Please mail checks to:

Resource Center on Aging
50 University Hall, MC 7360
Berkeley, CA 94720