



Resource Center on Aging University of California Berkeley

New Resources on Aging

A Biweekly Email Newsletter from

Cal

The University of California at Berkeley

Resource Center on Aging

February 1, 2008

For a comprehensive edition of this newsletter see

<http://ist-socrates.berkeley.edu/~aging/ResourcesinAging.html>

the Monday after you receive this email.

Continued thanks to all for your generosity and support.

Let us know if you have made a donation and would like to be included on our **Donation Page on our WEB site** at:

<http://ist-socrates.berkeley.edu/~aging/donation.html>

EDITOR'S NOTES

Remember, If you would like to **post an event in the newsletter**, **please** email it **at least 3 weeks in advance** of the event to allow our readers time to plan. **The next newsletter will be published on February 15.**

If you would like to use the **UC Berkeley Resource Center on Aging library**, please email Desi Owens at: <mailto:desiowens@berkeley.edu> or phone Desi at 510-643-6427. The library database can be seen at: <http://ist-socrates.berkeley.edu/~aging/library.html> Click on the sentence: *Click here to connect to the Resource Center on Aging Library online database.*

All Internet links in this newsletter have been checked. Please allow sufficient time for links to load, **especially pdf documents**

NEW ON THE WEB

Ageing in the Media (Continued thanks to readers who forward media tips!)

PBS News Hour, January 23, '**Green House' Nursing Homes Expand as Communities Reinvent Elder Care**. See streaming video at:

http://www.pbs.org/newshour/bb/health/jan-june08/nursing_01-23.html

CBS Nightly News, January 28. **Safe Home: For Those Eager To Grow Old In The Comfort Of Home, High-Tech Solutions**. See:

<http://www.cbsnews.com/stories/2008/01/28/eveningnews/main3762044.shtml> (You must endure an advertisement!)

Consumer Sites

The American Geriatrics Society (AGS) Foundation for Health in Aging (FHA) has released a new, comprehensive, and easy-to-understand **tip sheet on "cognitive vitality" for older adults**. It can be found at

http://www.healthinaging.org/public_education/cognitive_vitality.pdf

Senior Center Without Walls, winner of the 2008 American Society on Aging/MetLife Foundation MindAlert Award for programs designed to enhance mental fitness for older adults, starts its Winter/Spring session in February.

SCWW is a non-profit program offering free telephone activities, friendly conversation, and an assortment of classes and support groups to older adults throughout the San Francisco Bay Area who find it difficult to go to a community senior center. To learn more about us visit

<http://www.SeniorCenterWithoutWalls.org> or call

1-877-797-7299 for the full SCWW brochure and also a simpler flyer, which we distribute more widely to prospective participants who can then phone us to receive the complete schedule of classes and groups. SCWW staff is available to make presentations to volunteers and staff working directly with older adults. Or, if you'd like to experience the program for yourself, let us know and you can observe a select number of our activity groups via telephone.

Research & Reports

From The Association of Directors of Geriatric Academic Programs (ADGAP), The Status of Geriatrics Workforce Study, Training & Practice Update, October 2007 Volume 5, Issue 2

Fellows in Geriatric Medicine and Geriatric Psychiatry Programs. See: [http://www.adgapstudy.uc.edu/Files/ADGAP Training and Practice Update 5 2.pdf](http://www.adgapstudy.uc.edu/Files/ADGAP%20Training%20and%20Practice%20Update%205%202.pdf)

Practice Resources

Crane Library Web Picks of the Week Thanks to Laurie Blanchard for her generosity in letting us duplicate these. If you wish to subscribe to the Web Pick of the Week, go to:

<http://lists.umanitoba.ca/mailman/listinfo/info-ltc>

Communication and Dementia

This week's Web Pick(s) report on two projects designed to enhance communication for people with dementia.

Facilitated Life Story Writing for Individuals with Dementia for Conversational Remembering Boxes, 2004.

http://www1.sheridaninstitute.ca/research/serc/docs/SERC_4.pdf The goal of this study, conducted in the summer of 2004, was to enhance the experience of personhood in individuals with dementia through the use of

computer mediated life story writing for conversational remembering boxes. Eight male participants with dementia with paired with student researchers. Interviews were taped, recorded and transcribed to served as a foundation for personal memory boxes.

The results of this study were published in the Sheridan Elder Research Center (SERC: at The Sheridan Institute for Technology and Advanced Learning, Oakville, Ontario) Report Series, 2004.

Communication and Dementia: How Talking Mats can Help People with Dementia to Express Themselves, 2007.

<http://www.jrf.org.uk/bookshop/details.asp?pubID=931> This report from the Joseph Rowntree Foundation examines the effectiveness of Talking Mats, a low tech communication tool, in helping people at different stages of dementia to express their views.

Quality Dementia Care

<http://www.alzheimers.org.au/content.cfm?topicid=351> In February 2003 Alzheimer's Australia released a position paper on Quality Dementia Care.

<http://www.alzheimers.org.au/upload/QualityDementiaCare.pdf> The purpose of this paper was to provide managers of aged care facilities with a simple tool to assist in attaining high quality outcomes in dementia care. In February, 2007, three more documents were released by Alzheimer's Australia which provide more practical information and advice. They are based on the original document; on the best evidence available; on the long experience of workers and carers who have cared for people living with dementia and supported their families, and on discussions in focus groups at the Dementia Care Consensus Conference in August 2006 for managers and staff working in nursing homes.

1. Quality Dementia Care: A Guide to Practice for Managers in Residential Aged Care Facilities

<http://www.alzheimers.org.au/upload/QDC21.pdf> The purpose of this paper is to link in practical terms the principles of good quality dementia care to the framework of the aged care accreditation standards. It is

intended as a practical check-list of things that will help staff manage facilities for people living with dementia whether they are mainstream residential care facilities or special units.

2. Quality Dementia Care: A guide to practice in residential aged care facilities for all staff, February 2007

<http://www.alzheimers.org.au/upload/QDC11.pdf> This paper provides all workers (nurses, care workers, activity/lifestyle staff, other care staff, domestic staff, kitchen staff, gardeners etc.) who provide care for older people living with dementia, with practical information to help them deliver best practice person-centred care, in a residential setting. The paper may also be useful for staff providing support or care to people living with dementia in the community or for people caring in a voluntary capacity for older family members or friends living with dementia.

3. Quality Dementia Care: Nurturing the Heart

<http://www.alzheimers.org.au/upload/ArtTherapy.pdf> Designed for all those people who live with and interact with individuals with dementia, this paper describes ways to free the creative flow so that creative activity is possible. For Art Therapists the paper offers a validation of their professional therapeutic work and provides some guidelines as to the special ways of working with people with dementia. An information page on Dementia & Art - Tips for art at home is also available at:

<http://www.alzheimers.org.au/content.cfm?infopageid=4185> The link for all the documents, as well as a form to order documents in hard copy, is at: <http://www.alzheimers.org.au/content.cfm?topicid=351>

NEW PUBLICATIONS

Marin, B., Zaidi, A. (Eds.) *Mainstreaming Ageing. Indicators To Monitor Sustainable Policies*, Ashgate, Aldershot (UK), 2007, Book Series Public Policy and Social Welfare, Volume 32, ISBN 978-0-7546-7361-3, 864 pages. This book edited by Bernd Marin and Asghar Zaidi

includes contributions by many of the most renowned international experts on ageing. See: http://www.euro.centre.org/detail.php?xml_id=1025

NEW AT THE CENTER LIBRARY(The Center Library Database can be searched on line at: <http://ist-socrates.berkeley.edu/~aging/library.html>)

Nothing new this issue.

CALENDAR OF EVENTS

Note: Except for UC Berkeley, the following are **all newly submitted events**. For a comprehensive calendar see *Resources on Aging* on our WEB site at:

<http://ist-socrates.berkeley.edu/~aging/ResourcesinAging.html> The **Gerontological Society of America** maintains a national/international calendar at: <http://www.geron.org/calendar.htm>.

UC Berkeley

The University of California, Berkeley Center for the Advanced Study of Aging Services is Co-Sponsoring with the Institute on Aging the following series of professional education programs on the "**Secrets of the Aging Mind.**"

All programs will be held at The Event Center, Saint Mary's Cathedral, 1111 Gough Street, San Francisco.

Please mark your calendars for the upcoming dates, and watch for more information!

March 13, 2008, 8:30 am - 4:30 pm RECOGNIZING AND RESPONDING TO CLUTTER ADDICTION AND COMPULSIVE HOARDING IN OLDER ADULTS

May 15, 2008, 8:30 am - 4:30 pm BRAIN HEALTH ACROSS THE LIFESPAN

*For specific details on each program please visit:

<http://education.IOAging.org> or to register visit:

http://education.ioaging.org/sign_up.html For information: Call Danna Moore at (415) 750-4180 x227

February 13, 2008

Please join *Creating Aging-Friendly Communities* hosted by the University of California at Berkeley for a unique **online** experience

🕒 *Explore* over 25 different presentations on creating more aging-friendly communities

🕒 *Engage* with national experts such as Jennie Chin-Hansen (AARP), Judy Goggin (Civic Ventures) and Jody Kretzmann (ABCD Institute)

🕒 *Discover* what other communities are doing to be more aging-friendly

🕒 *Network* to explore and solve your community's issues

🕒 *Identify* approaches that work

🕒 *Access* practical tips, models, tools, and training materials

For more information or to register for the conference go to

<http://www.agingfriendly.org>

BAY AREA

Wednesday, February 6

Driving Me Crazy: Assessing Driving in the Elderly

Hollis D. Day, MD, MS

Assistant Professor of Medicine

Program Director, Geriatrics Track Internal Medicine Residency

Director, Advanced Clinical Education Center

University of Pittsburgh School of Medicine

Advisory Dean University of Pittsburgh School of Medicine

with introductory remarks given by:

Helen Chen, MD

Associate Professor of Medicine
UCSF Department of Medicine
Division of Geriatrics
Director, Geriatrics & Extended Care Service Line
San Francisco VA Medical Center

and a case presentation given by:

Louise Aronson, MD

Assistant Professor of Medicine
UCSF Department of Medicine
Division of Geriatrics

Date: Wednesday, February 6, 2008

Time: 8:00am-9:00am

Location: HSW-301, Health Sciences West Building, Parnassus Campus

For information contact: "Leff, Jonathan E."

<mailto:Jonathan.Leff@va.gov>

February 12, 2008

MIT Club of Northern California and SmartSilvers presents:

The Brain Fitness Market: Building Better Brain Power

Date: Tuesday Evening, February 12, 2008

Speaker: Alvaro Fernandez, SharpBrains.com

Panelists: Andy Donner, Physic Ventures

G. Alexander Doman, Advanced Brain Technologies (ABT)

Kunal Sarkar, Lumos Labs

Dan Michel, Dakim

Moderator: Zack Lynch, Neurotechnology Industry Organization (NIO)
(<http://www.neurotechindustry.org/>)

Location: Wilson Sonsini - 950 Page Mill Road, Palo Alto

Time: 6:00PM Registration, Hors d'oeuvres and Networking

7:00PM Presentation and Panel Discussion

Registration: In advance at:

http://www.mitcnc.org/Events_Single.asp?eventID=1385 Join us in lively

and informative discussions as Alvaro Fernandez; CEO of

SharpBrains.com summarizes the science, key market segments, players and trends, based on the first Brain Fitness Software Market Report,

presented in this event. He will discuss the implications with several

neuro-technology, gaming experts and investors." Moderated by Zack

Lynch, the speaker and panel will discuss:

What results are scientists discovering from the use of Brain Fitness tools?

Who will use brain tools and why?

What is the market potential for new companies entering the brain fitness market?

What kind of Brain fitness applications are being developed.

February 15

Foundation Fundraising: An Introductory Course

Course date: February 15 in San Francisco

For nonprofits who are new to foundation fundraising.

The foundation approach to funding presents distinct challenges and opportunities for nonprofits. This course will help you understand the grantmaking objectives of independent, corporate, and community foundations, identify grantseeker resources, and effectively partner with grantmakers.

TOPICS

- The characteristics grantmakers look for in their nonprofit partners
- Foundations and their role in philanthropy
- Characteristics of foundations, corporate donors, and grantmaking public charities
- The proposal process

- Researching grantmakers to target the best prospects before submitting a proposal

INSTRUCTOR SCOTT ULLMAN

Involved in the sector since 1974 as a fundraiser, nonprofit executive, and foundation director, Scott became Regional Training Coordinator at the Foundation Center-San Francisco in 2001.

Course date: February 15 in San Francisco

Register on line at: <http://fconline.fdncenter.org/pnd/10011061>

Mondays: February 25 through April 7, 2008

Jewish Family & Children's Services of the East Bay

Suse Moyal Center for Older Adult Services

828 San Pablo Avenue, Suite 104, Albany, CA 94706

SUPPORT GROUP FOR MEN 65 AND OVER

Looking Back and Looking Forward

A trusting, confidential, and validating environment for men sixty-five and older to share amongst themselves. Moderated by Joseph Chernick, Ph.D., a geriatric psychologist, this discussion of participants' experiences, past and present, will cover topics such as:

- Family
- Relationships
- Health changes
- Dealing with loss

Mondays:

February 25 through April 7, 2008

10:00 to 11:30 am

\$35 per session (seven-session commitment) sliding scale available; Medi-Cal accepted; Medicare pays 50% full payment upon registration required. For more information, please contact Lisa Yordy at (510) 558-7800, ext. 716

NATIONAL

Tuesday, February 19, 2008-Teleconference

Developing Technology Systems to Support the Continuum of Care - Engaging Facilities, Patients, and Caregivers

Care Transitions Teleconference Series: Finding Solutions, Improving Care Coordination

During this one-hour session, Ronald Stock, MD, MA, Medical Director for Medical Education and Research, and Geriatrics, Peace Health Oregon Region, will discuss care delivery features that improve geriatric care across the continuum. Lessons learned from the development of a Web-based shared care plan, planned care, and the importance of interdisciplinary/interdependent teams will also be addressed. At the session's close, attendees will understand the importance of developing systems to transfer information across the continuum of care; what patients, providers, and health systems want in a Web strategy to enhance patient care; and how to connect to the healthcare system through the personal health record (PHR) and access to the electronic medical record (EMR). In addition, Dr. Stock will also introduce the concept of an interdisciplinary, interdependent team.

Date: Tuesday, February 19, 2008

Time: 11:00 a.m. ^ 12:00 p.m. Pacific

CE Credit*: CEU (1 hr)**

For more information see: <http://lumetra.com/events/index.aspx?id=3056>

Upcoming **audioconferences** from audioeducator.com

- **Activities in Long Term Care: Understanding F-248 and F-249 Regulatory Language:** January 31, 2008 - 3:00 pm ET - Reta Underwood
- **Smart Disposal of Hazardous Waste in Long Term Care,** February 7, 2008 - 1:00 pm ET - Pier-George Zanoni

- **Reviewing F-tags: How to Steer Clear of Deficiencies**, February 20, 2008 - 1:00 pm ET - Joseph L. Bianculli
- **Crash Course: Crucial Lessons Your HHA Billing Staff Must Know For 2008**: February 21, 2008 - 1:00 pm ET - M. Aaron Little
- **Your Exclusive Guide To Case Mix for Accurate PPS Reimbursement in 2008**, February 28, 2008 - 1:00 pm ET - Judy Adams
- **Activities in Long Term Care: Pumping Up Your Programming**, February 28, 2008 - 3:00 pm ET - Reta Underwood
- **A Closer Look at Supply Management in the 2008 Home Health PPS Era**, March 11, 2008 - 1:00 pm ET - Lynda Laff
- **RUG Revolution: Winning Case Management Strategies for Better SNF Reimbursement**: March 13, 2008 - 1:00 pm ET - Kristen Mastrangelo
- **The Nuts and Bolts of Survey and Enforcement Developments**, March 18, 2008 - 1:00 pm ET - Joseph L. Bianculli
- **Care Plan Oversight: Do's And Don'ts For Accurate Billing**, March 26, 2008 - 1:00 pm ET - Brenda Chidester
- **Innovative Marketing and Creative Joint Ventures for Healthcare Companies: There Is a Way!:** March 26, 2008 - 3:00 pm ET - Jeffrey Baird

For more information see:

<http://www.audioeducator.com/industry.php?id=1&view=all&trk=NURJAN31>

INTERNATIONAL

29th and 30th May 2008

The Irish Longitudinal Study of Ageing (TILDA) (<http://www.tilda.ie>) is organizing a 2-day conference on the 29th and 30th May 2008 in the Royal Hospital Kilmainham (<http://www.rhk.ie>). The conference is

entitled "**Health in Ageing - Achievements and Potential of Longitudinal Research**" with presentations from world leaders in ageing research. Each day of the conference qualifies for 7 CME points. Further details, including on-line registration will be available from mid February at <http://www.tilda.ie>.

July 7-8, 2008

11th International Conference on Computers Helping People with Special Needs

July 9-11, 2008, University of Linz, Austria

Pre-Conference July 7-8, 2008

WEB ACCESSIBILITY AND AGEING

For information see: <http://www.icchp.org/node/166>

COMMUNITY RESOURCES/FUNDING INFORMATION

Nothing New This Issue

Please Note: Due to anti-spam filters on some e-mail services, many messages are blocked or deleted. **Please add lists@berkeley.edu** to your e-mail system's "safe" list of senders to ensure receipt of our messages.

If a colleague has forwarded this newsletter to you, why not get the newsletter directly? Send an e-mail to <mailto:ddriver@berkeley.edu> with "Newsletter Only" in the message's subject field. If you are interested in receiving job postings in the field of aging in California (primarily but not exclusively in the Bay Area) send an e-mail note with "Jobs Only" in the message's subject field. If you would like to receive both the newsletter and job announcements place "Jobs & Newsletter" in the message's subject field.

Postings in this newsletter are for informational purposes only and do not constitute endorsement by the Resource Center on Aging or the University of California. **Please do not contact the UCB Resource Center on Aging about information on these posts. Contact the provider directly. Thank you.**

Donations

The newsletter and jobs lists are complimentary services of the UC Berkeley Resource Center on Aging. Please consider making a donation to support this work.

Suggested amounts:

\$10 a year for newsletter

\$10 a year for job listings

\$20 a year for both

\$20 per job posting.

\$10 per newsletter posting.

We appreciate all donations, large or small. Thank you (Donation year is January 1 - December 31 or any portion thereof.)

Please mail checks to:

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