



Resource Center on Aging University of California Berkeley

New Resources on Aging

A Biweekly Email Newsletter from

Cal

The University of California at Berkeley

Resource Center on Aging

August, 2006

For a comprehensive edition of this newsletter see

<http://ist-socrates.berkeley.edu/~aging/ResourcesinAging.html>

the day after you receive this email.

Continued thanks to all for your very generous donations.

If a colleague has forwarded this newsletter to you, why not get the newsletter directly? Send an e-mail to <mailto:ddriver@berkeley.edu> with "Newsletter Only" in the message's subject field. If you are interested in receiving job postings in the field of aging in California (primarily but not exclusively in the Bay Area) send an e-mail note with "Jobs Only" in the message's subject field. If you would like to receive both the newsletter and job announcements place "Jobs & Newsletter" in the message's subject field.

EDITOR'S NOTES

Remember! If you would like to **post an event in the newsletter**, please email it **at least 3 weeks** in advance of the event so people will have ample time to plan. We will return to our regular biweekly publishing schedule in September. The next newsletter will be published **the week of September 8th**.

If you would like to use the **UC Berkeley Resource Center on Aging library**, please email Desi Owens at: <mailto:desiowens@berkeley.edu> or phone Desi at 510-643-6427. **Note:** The Library database on the WEB is temporarily inaccessible; the building in which the server is housed is being rewired.

NEW ON THE WEB

Aging in the Media

Caregivers Struggle with Needs of Alzheimer's Patients As the number of patients stricken with Alzheimer's disease continues to grow, so does the community of families and caregivers

who have pledged to look after loved ones, often risking emotional, physical and financial burdens. See the NewsHour with Jim Lehrer's coverage of this at:

http://www.pbs.org/newshour/bb/health/july-dec06/alzheimers_07-31.html

Does Age Quash Our Spirit of Adventure? · Robert Sapolsky, a distinguished neuroscientist in his 40s, had a young assistant who played different music every day, from Sonic Youth to Minnie Pearl. That made Sapolsky crazy -- and curious about why his aging ears still crave the music he loved in college. Is there a certain age when the typical American passes from the novelty stage to utter predictability? Hear this report at:

<http://www.npr.org/templates/story/story.php?storyId=5652676>

Nancy Kelly's award-winning **new film SMITTEN** explores the extraordinary life of 87-year-old patron and collector, Rene di Rosa, whose passion for art and artists has become a driving force behind the California art scene. SMITTEN is not only about a man and his vast and unique collection, it also offers a delightful commentary on the “art” of aging successfully. Rene dares to age actively as his search and love for his art collection drives his passionate and energetic spirit – even well into his eighties. He says, “It is my greatest pleasure. Without it, I can’t function.”

Copies of SMITTEN on DVD and VHS are available from New Day Films at

<http://www.newday.com> or toll free 888-367-9154.

SMITTEN will air on PBS September 20 and October 11 and/or check local PBS listings.

Editor's Note: I have seen this film; it's wonderful as much for Mr. Rosa's attitude toward art as for his advanced age. Stripped of identifying signs you enjoy the art object for itself, not for who created it, how old/new it is, what collection it came from etc. And, there is a charming unpretentiousness about this man.....dressed in denim and what looks to be a John Deere Tractor hat, you'd take him for a farmer, never suspecting, meeting him on a street, that his is a *farm* where art flourishes. See a photo of Rene di Rosa at <http://www.pbs.org/smitten/>

A central character in the **new film LITTLE MISS SUNSHINE** is the grandfather (ALAN ARKIN), *an obstreperous pleasure-seeker recently kicked out of his retirement home.....*

The film tells the story of the Hoovers, one of the most endearingly fractured families ever seen on motion picture screens. Together, the motley six-member family treks from Albuquerque to the Little Miss Sunshine pageant in Redondo Beach, California, to fulfill the deepest wish of 7-year-old Olive, an ordinary little girl with big dreams. Along the way the family must deal with crushed dreams, heartbreaks, and a broken-down VW bus, leading up to the surreal Little Miss Sunshine competition itself. On their travels through this bizarrely funny landscape, the Hoovers learn to trust and support each other along the path of life, no matter what the challenge. See the trailer at: <http://www2.foxsearchlight.com/littlemiss sunshine/>

Consumer Information

The following **articles on choosing a nursing home** are free on the Consumer Reports WEB site. Go to <http://www.ConsumerReports.org/>, and type nursing homes into their search function.

- **Nursing Home Quality Monitor 8/06** How the **Nursing Home Quality Monitor** was created. The Consumer Reports **Nursing Home Quality Monitor**, formerly known as the Consumer Reports Watch List ...
- **Inside a good nursing home 8/06** _Inside a good **nursing home**. When you're judging a **nursing home**, the raw numbers can tell you only so much.
- **Nursing homes, choosing a nursing home 9/06** _From Consumer Reports September 2006, the following report includes expert consumer advice and recommendations for choosing a nursing home. Also included is information on the nursing home watch list.
- **Suing a home is getting more difficult 8/06**

LifeStation is a 30-year-old **medical alert system** that has its own nationwide monitoring center, and is available in all 50 states. For information see: <http://www.lifestation.com/>

The Joslin Diabetes Center has published "**Diabetes-Friendly Tips for Handling the Summer Heat**". See: http://www.joslin.org/managing_your_diabetes_3587.asp

The Journal of the American Medical Association has published **tips on how to keep fit** for older adults at: <http://jama.ama-assn.org/cgi/content/full/296/2/242>

Reports/Articles/Research

The Office of Academic Affairs at AARP publishes "**Best Books**" recommendations for specific areas of interest in aging. See for example a list of what they consider the 10 Best Books on "Social Security" at <http://news.aarp.org/UM/T.asp?A910.52851.2791.16.903582> and the 10 Best Books on "Aging Boomers" at : <http://news.aarp.org/UM/T.asp?A910.52851.2791.17.903582>

The **Civic Engagement-Newsletter** is the E-Newsletter of the Gerontological Society of America's "Civic Engagement in an Older America" Project which is supported by a grant from The Atlantic Philanthropies. If you would like to subscribe, email: <mailto:info@agingsociety.org> and type "Subscribe" in the subject line.

The Center for Retirement Research at Boston College has released **four new working papers**. They are accessible on the WEB through the following links:

- **Pensions, Social Security, Wealth and Lifetime Earnings: Evidence from the Health and Retirement Study** by William G. Gale and John W.R. Phillips
http://www.bc.edu/centers/crr/wp_2006-14.shtml
- **Effects of Public Policies on the Disposition of Lump-Sum Distributions: Rational and Behavioral Influences** by William G. Gale and Michael Dworsky
http://www.bc.edu/centers/crr/wp_2006-15.shtml
- **No Place Like Home: Older Adults and Their Housing** by Timothy Smeeding, Barbara Boyle Torrey, Jonathan Fisher, David S. Johnson, and Joseph Marchand
http://www.bc.edu/centers/crr/wp_2006-16.shtml
- **An Update on Private Pensions** by Alicia H. Munnell and Pamela Perun.
http://www.bc.edu/crr/ib_50.shtml

New Publications from AARP. See: <http://www.aarp.org/research/whatsnew.html>

- Keeping Social Security Solvent
- Investing in Livable Communities
- Improving the Quality of Health and Long-Term Care
- Helping Americans to Work Longer
- Helping Americans Build More Retirement Assets
- Creating a National System for Home-and Community-Based Care
- Working in Retirement is Increasingly an Expectation
- The Problem is Not Medicare and Medicaid—The Problem is Health Care
- Summary / *Publication* _August 2006— The snapshot of older America has many faces. For some, it looks better than ever before, largely because their quality of life—the most important gauge—seems to be improving. But without Social Security, Medicare, and Medicaid the picture would change dramatically for the worse, not only for the poor but also for the majority of Americans.
- An Aging Society Does Not Necessarily Mean Steep Declines in Saving
- A Healthier Old Age
- State Fact Sheets for Grandparents and Other Relatives Raising Children caregiving role easier.
- Pages that contain links to reports, working papers and speeches on the state of the 50+ population of 65 countries as well as links to relevant governmental and non-governmental organization websites.

Practice Resources

The Department of Health and Human Services' Office of Civil Rights has published a "**flow chart**" and **decision tool** to answer the question *May I disclose protected health information for public health emergency preparedness purposes* without violating the Health Insurance Portability and Accountability Act of 1996. For example when an earthquake poses an

emergency in a nursing home. The tool at: <http://www.hhs.gov/ocr/hipaa/decisiontool/> includes the following sections:

- INTRODUCTION
- DECISION TOOL
- WHO IS THE SOURCE OF THE INFORMATION TO BE DISCLOSED?
- TO WHOM IS THE INFORMATION BEING DISCLOSED?
- IS THERE A SIGNED AUTHORIZATION PERMITTING THE DISCLOSURE?

The PROCESS FLOW AT-A-GLANCE can be seen at:

<http://www.hhs.gov/ocr/hipaa/decisiontool/EmergencyPrepDisclose.pdf>

The National Association of Home Builders (NAHB) offers training to become designated as **Certified Aging-in-Place Specialists (CAPS)**. CAPS is the only national program that teaches remodelers the unique home modification skills for those who wish to "age in place" or continue living safely, independently and comfortably in their homes regardless of age or ability level. CAPS education includes design ideas, technical solutions, and even sensitivity training. Graduates must also complete continuing education and community service requirements to maintain their status as a Certified Aging-in-Place Specialist. To find a professional who specializes in aging-in-place remodeling, visit <http://www.nahb.org/caps>

The National Center on Caregiving at Family Caregiver Alliance (FCA) has released a new resource to promote the assessment of caregiver needs in health and long-term care settings. ***Caregivers Count Too! - A Toolkit to Help Practitioners Assess the Needs of Family Caregivers*** is for any professional who works with older people, adults with disabilities, whether service is provided in the home, a hospital, a physician's office or a program in the community. The toolkit provides a compilation of materials and techniques to facilitate the assessment. It offers a step-by-step resource and a common language for assessing the health status and care needs of family caregivers. To access the Caregivers Count Too! toolkit online visit: http://caregiver.org/caregiver/jsp/content_node.jsp?nodeid=1695.

Crane Library Web Picks of the Week (Continued thanks to Laurie Blanchard for her generosity in letting us duplicate these. http://www.deerlodge.mb.ca/crane_library/about.asp)

Zen Hospice Project Website: <http://www.zenhospice.org/>

Zen Hospice Project (ZHP), founded in 1987, provides a spectrum of collaborative services in end-of-life care, including residential hospice care, volunteer caregiver support, and public education events. Initially, services were provided to indigent cancer patients living in the streets or in small residential hotels but eventually expanded to offer hospice services in an institutional setting. ***The Zen Hospice Project's*** approach is to bring mindfulness and compassion to care of the dying.

Visit the Resources and Links section for links to a additional resources on hospice, grief, end of life care and other related topics. An extensive reading list of print materials

related to a Buddhist approach to death and dying is provided. The Writings, Photos and Readings menu selection contains current and back issues of the ZHP newsletter.

Making a difference through volunteering: the impact of volunteers

<http://www.csv.org.uk/NR/rdonlyres/7B94D859-9403-4B2E-9E96-07238F167034/4288/MakingaDifferenceThroughVolunteeringOlderPeopleCar.pdf>

Commissioned by three major UK charities (Community Service Volunteers, British Red Cross, and Help the Aged), this document reports on research conducted in 2005/6. The research aimed to identify the contribution of volunteers involved in providing support to elderly people connected to home or immediate care services.

The research findings provide insights into both the volunteer experience and issues faced by isolated elderly. For example, researchers found that 83% of older people receiving volunteer support report improvements in their quality of life and that some older people prefer support from volunteers, reflecting their poor experience of care in the past. The research also shows that by spending time and taking an interest in those they support, volunteers improve the dignity of older people, combat isolation and help them lead independent lives.

An executive summary of the report is also available:

<http://www.csv.org.uk/NR/rdonlyres/7B94D859-9403-4B2E-9E96-07238F167034/42920/www.csv.org.uk>

Agelit Update:

The July, 2006 issue of Agelit is now available. Agelit is published quarterly as an information alerting service for long term care providers, and others interested in geriatrics, gerontology or long-term care. Click on the following link to download the issue: http://myuminfo.umanitoba.ca/Documents/689/january_2006.pdf

Contenance Multilingual

<http://www.health.gov.au/internet/wcms/publishing.nsf/content/contenance-multilingual.htm>

Developed and funded by the Australian government's National Continence Management Strategy, this site provides fact sheets on continence topics such as bladder training, continence aids, pelvic floor exercises, drug therapies, etc. Fact sheets were designed for the public and are available in arabic, chinese, croatian, dutch, german, greek, italian, macedonian, maltese, polish, serbian, spanish, turkish and vietnamese.

For more publications on other health topics available in multiple languages, go to:

<http://nnlm.gov/outreach/consumer/multi.html>

Best Practice Quality Care Documents on Least Restraint and Influenza and

<http://www.shannex.com/library.html>

Shannex Health Care, <http://www.shannex.com/>, is a Nova Scotian private health care service, supporting **health care and retirement living**. These guidelines were developed during preparation for an organizational accreditation. Through the information gathering process in preparation for the review, team members found operational definitions and policy guidelines on restraint difficult to find in the literature and decided to develop a "least restraint" utilization policy in conjunction with best practice guidelines. Guidelines were developed following the P.I.E.C.E.S. model, a recognized education program for managing challenging behaviours.

Also at this link is Shannex's Best Practice Guidelines for Outbreak Management of Influenza and Gastrointestinal Infection.

Building bridges: making a difference in long-term care

<http://www.academyhealth.org/ltc/products.htm>

The Building Bridges webpage is coordinated by AcademyHealth, a professional home for health services researchers, policy analysts, practitioners, and non-partisan resource for health research and policy, promotes interaction across the health research and policy arenas by bringing together a broad spectrum of players to share perspectives, learn from each other, and strengthen their working relationships.

This organization has recently released three briefs detailing how research has improved long term care service delivery. They are as follows:

Long Term Care: collaborating for solutions-Profiles successful collaborations between providers, policymakers and researchers

Long Term Care: Informed by Research-Highlights areas in which publicly and privately funded research has informed service delivery

Long Term Care: Confronting Today's Challenges-Identifies challenges for long-term care policy and service delivery

J. W. Crane Memorial Library: **Current Perspectives Update: Restraints**

"Restraints in Long Term Care" in the "Current Perspectives Series" has been recently updated. The "Current Perspectives Series" highlights current articles, books and Internet resources on specific topics of interest to long-term care professionals. To access "Restraints" and other topics in the series, go to:

<http://umanitoba.ca/libraries/units/health/internet/aging.shtml>.

NEW PUBLICATIONS

Publications for end-of-life:

BOOKS:

- Guide and training manual on caring for the dying

- On dying in our prisons (2 books on end of life issues dealing with terminally ill inmates)
- CDs
- Music for the dying (Bedside harp)
 - Music for funerals/memorial services (piano/vocals)
 - Music for relaxation (harp)

VIDEO: 53 minutes of death education for caregivers. Includes an instructional packet of handouts.

For information or to order: visit <http://www.goodendings.net/> under PUBLICATIONS

NEW AT THE CENTER LIBRARY(The Center Library Database can be searched on line at: <http://ist-socrates.berkeley.edu/~aging/library.html>)

Nothing New This Issue

CALENDAR OF EVENTS **Note:** Except for UC Berkeley, the following are **all newly submitted events**. For a comprehensive calendar see *Resources on Aging* on our WEB site at: <http://ist-socrates.berkeley.edu/~aging/ResourcesinAging.html> The **Gerontological Society of America** maintains a national/international calendar at: <http://www.geron.org/calendar.htm> and the *Older Americans Report Calendar* national/international calendar can be found at: <http://www.bpinews.com/hr/pages/oarcalendar.htm>

UC BERKELEY

UCB Extension

Aging and Mental Health

(EDP 402321)

As the U.S. population ages, the number of age-related morbidities will increase and the need for knowledgeable health, social service, and mental health professionals will continue to grow. This **new Professional Program in Aging and Mental Health** includes a series of CEU workshops offered by leading researchers and clinicians in the Bay Area. A certificate of completion will be awarded to participants who meet all the requirements of the program.

Requirements

The program consists of two required workshops: Assessment and Treatment of Mental Illness in Older Adults (12 hours) and a Clinical Case Seminar on Aging and Mental Health (12 hours; offered in summer, 2007), plus 36 hours of electives from the series of workshops offered during the year. The minimum number of hours to earn a certificate of completion is 60 hours. Substitutions and waivers are not allowed. This program is primarily intended for licensed clinicians (Ph.D.s, LCSWs, MFTs, and RNs) who work with the elderly and their families.

Information

For more information, including a current list of upcoming elective workshops, call (510) 643-3883, visit <http://www.unex.berkeley.edu/profseq/aging.html>, or e-mail <mailto:counspych@unex.berkeley.edu>.

Wed. Sept. 20, Berkeley

FREE PUBLIC LECTURE

Recent Advances in Geriatric Psychiatry

As the U.S. population ages, the number of age-related morbidities will increase and the need for knowledgeable health, social service, and mental health professionals will continue to grow. Estimates indicate that between 15 and 25 percent of elderly persons in the U.S. suffer from significant symptoms of mental illness. This free public lecture provides an overview of some of the new directions in geriatric psychotherapy, findings from brain imaging in late life, new thinking about dementia, and treatment approaches for depression and other major psychiatric conditions. *Enrollment is limited. Preregistration is recommended.* See:

<http://www.unex.berkeley.edu/cat/course1248.html>

Sat. Oct. 14, Berkeley

Assessment and Treatment of Mental Illness in Older Adults

(1.2 ceu)

12 hours CE credit: BRN, LCSW/MFT, and psychologists

A required course in the Professional Program in Aging and Mental Health (above)

This workshop provides an overview of some of the major approaches for working with older persons and their families in medical, long-term care, and mental health settings, as well as private practice. You cover some of the basic assessment tools and a range of evidence-based treatments for depression and other co-occurring diagnoses. You also learn how to identify some of the conditions commonly associated with aging (e.g., Alzheimer's, dementia, memory loss) and how to recognize family and generational issues, as well as elder abuse.

Guest Speakers:

Vivian Clayton, Ph.D., geriatric neuropsychologist

Linda Fodrini-Johnson, M.A., CMC, LMFT, president and CEO of Eldercare Services

Laurie Draughon, M.D., geriatric internist

Scott Eberle, M.D., medical director, Hospice of Petaluma

There will also be a panel of clinicians who will present on different treatment modalities, including cognitive behavioral, VA model for depression, long-term analysis, short-term solution focus, etc. Other speakers will address legal/ethical issues in treatment as well as a range of cultural diversity and gay/lesbian issues in the care for elders.

Sections now enrolling, See: <http://www.unex.berkeley.edu/cat/course1239.html>

Fri. Nov. 17, San Francisco

Neuropsychiatric Symptoms and Diagnostics of Dementia

(0.6 ceu)

6 hours CE credit: BRN, MFT/LCSW, and psychologists

An elective in the Professional Program in Aging and Mental Health and the Professional Program in Neuropsychological Assessment (above)

This workshop helps students recognize symptoms of dementia and understand their neuropsychiatric origins. It also covers differential diagnoses between dementia and delirium and introduces a range of environmental interventions for challenging behaviors that can often be understood as forms of communication. You also learn how to use some of the basic assessment tools and techniques and how to develop behavioral treatment plans.

Sections now enrolling, See: <http://www.unex.berkeley.edu/cat/course1246.html>

The UC Berkeley Pacific Film Archive (PFA) is doing a **summer series on the films of Frank Borzage** including a number of silent films with live musical accompaniment. PFA staff thought both might be of interest to our readers. For information (dates and times of showings) see http://www.bampfa.berkeley.edu/pfa_programs/frankborzage/index.html

BAY AREA

SEPTEMBER

Greg Young, filmmaker of the **DVD, *Still Kicking***, and Amy Gorman, author of the **book, *Aging Artfully***, break down stereotypes and attitudes towards being old. Amy interviewed and wrote about 12 San Francisco Bay Area women, ages 85-105, all actively engaged in the arts. Greg filmed 6 of those women. The book and DVD will be released in September, 2006. **Editor's Note:** If you enjoy art and/or crafts like I do (those who know me, know I'm a compulsive knitter) you're bound to see your current or future self in at least one of these women.

Dates for the **public release of the film, and the accompanying book** are:

Saturday September 16, 2pm. Rockridge Library 5366 College Ave., Oakland

Sunday September 17, 7pm Berkeley-Richmond Jewish Community Center, mini-film fest "Creative Aging"

Tuesday September 19 1:15pm North Berkeley Senior Center, MLKJr. Way/Hearst

Wednesday September 27 6:30pm Sally Griffin Center, 700 Jewell Ave. Pacific Grove

Friday September 29, 7:30 pm. Berkeley Art Center, 1275 Walnut St. After the showing of the DVD and discussion of the book, 3 songs from the CD, "Seven Songs of Women's Lives," which accompanies the book, "Aging Artfully," will be performed live.

For out of Bay Area screening, or to purchase the film or book see:

<http://www.goldenbearcasting.com> or call 510-527-4977

September 5th through October 7th

Call to LGBT Elders- **The Generations Filmmaker Workshop 2006** - Apply Now! * -

Seeking just 12 Bay Area LGBT residents age 55+ to participate! The Generations Filmmaker Workshop 2006

Schedule: Application process now underway!

Workshop Schedule: September 5th through October 7th

What is The Generations Filmmaker Workshop?

A free six-week video training workshop for elders of the Bay Area LGBTQ community to work with experienced filmmakers to write, script, cast, storyboard, shoot, edit and present a short movie that will screen in the 31st San Francisco International LGBT Film Festival June 14th - 24th, 2007.

To request applications, contact Jennifer Morris, Director of Programming, Frameline, E-mail: <mailto:jennifer@frameline.org>, Phone: 415-703-8650 x310

Through September 11th

Southwest Airlines listed the **photograph exhibit Dishing It Out: Career Waitresses Across the USA** as one of the top ten things to see in the U.S. If you haven't seen it, it will be up through September 11th at Copia: The American Center for Food, Wine & the Arts, in Downtown Napa on the Napa River. For directions see: <http://www.copia.org/about/directions.html> Copia is closed on Tuesdays.

MONDAY, SEPTEMBER 11, 2006

The American Golf Program For Senior Centers Presents **A SENIOR BUSINESS FAIR**, SAN RAMON SENIOR CENTER, 9300 ALCOSTA BLVD, SAN RAMON, CA 94583, 9:00 AM - 12 NOON. Receive LOTS of Information on Cost Savings For Seniors & Caregivers. For information and to RSVP: 510-528-1576

Friday, September 15

The Sequoias of Portola Valley is hosting a **seminar on Friday, September 15 on dementia practices**. It will be 8 hours, and when completed one is certified as a dementia practitioner. The seminar will be held in Portola Valley, CA. The cost is \$189, with CEUs provided. The presenter is Rita Spak from the East Coast. For more information on the training see the following website. <http://www.certifieddementiapractitioner.com/>

Kate Brookhouser, MSW, Kate Brookhouser <<mailto:Kate2145@AOL.COM>>

Director of Resident Services, Sequoias Portola Valley

Saturday, September 16, 2006

"Giving Care, Taking Care" A Multicultural Caregivers Conference, 9:00 am – 12:30 pm, Continental breakfast and Snacks will be provided

Location: JTSNCC Northside Community Center, 488 N. 6th Street, San Jose, CA 95112

For information on registration contact: "Dora Liou" <<mailto:dliou@yuaikai.org>>

September 25-28

American Society on Aging's **West Coast Autumn Series** will take place at the Embassy Suites Hotel in South San Francisco, September 25-28. It offers regional training for professionals in

many different sectors of society who work with older adults, their caregivers and their families. It is an excellent opportunity to earn continuing education credits while gaining insights and learning practical skills from national experts in the field. The early registration rate is available until August 29. For more information on the Autumn Series, to learn about continuing education credit opportunities and to register, visit <http://www.asaging.org/autumn-series> or call 1-800-537-9728, ext. 9675.

Sept. 26th

North Berkeley Senior Center, 1:15 p.m., "**Older and Wiser: Basic Legal Knowledge for Living Well to the End.**" For more information contact: Law Office of Sara R. Diamond, 2140 Shattuck Ave. Suite 604, Berkeley, CA 94704, (510) 548-4844, fax (510) 548-4843, <mailto:Sararose33@cs.com>

OCTOBER

Series: Wednesdays, October 4, 11, 18 and 25, 2006

WOMEN AND AGING

10 AM-12 Noon Fee: \$50

Location: Willow Glen, San Jose

Aging is a woman's issue. There are more older females living in the United States than ever before. Older women have only recently been included in feminist research and gerontology studies. This highly interactive class explores images, attitudes, and research about older women. The class format will include a short documentary about the historical "invisibility" of older women, lecture and discussion. We will also look at important roles played by older women, such as grandmother, friend, daughter, sibling, mentor, and caregiver. In addition, there will be a speaker from the Older Women's League (OWL).

Vivian I. Silva is a social worker who also holds a certificate in gerontology from SJSU.

Among her many roles are writer, instructor, gerontologist, documentary filmmaker, facilitator of discussion groups and workshops. Vivian has taught a number of courses for OLLI@SJSU. For more information, or to register, send an email message to info@osher.sjsu.edu or call Yolanda Teruel at 408-924-2735.

CALIFORNIA

SEPTEMBER

Spiritual Development In Older Adults

September 20, 2006 Villa Gardens Retirement Community, 842 East Villa Street, Pasadena, Ca 91101, Switchboard 626-796-2704

September 21, 2006 Mt. Miguel Covenant Village, 325 Kempton St., Spring Valley CA 91977-5810, Switchboard (619) 931-1114

Costs: \$65.00 registration plus \$20.00 if CEUs are desired
CEUs Applied For: NHAP/P 6; BBS 6, BRN 6, RCFE 6; NCCAP 6; APC (CCE) 5.75
To Register or For More Information Contact: Donald Koepke, CLH Center for Spirituality and Aging, 891 South Walnut Street, Anaheim, CA 92802, 714-239-6267, Fax: 714-239-6276, Cell: 714-342-7201, Email: <mailto:dkoepke@frontporch.net>, Website: <http://www.spiritualityandaging.org/>

NATIONAL

2007

8-11 March 2007

Panel on "Aging Masculinity" at the Society for Cinema and Media Studies conference, 8-11 March 2007, Chicago, IL.

"All our assumptions and definitions of masculinity are based on young men" - Betty Friedan

While a substantial body of work exists that explores cinematic images of the aging female, the aging male is yet to be significantly recognized for his contributions to constructions of masculinity in film. The few studies that have addressed depictions of the aging male largely concentrate on age stereotypes (dirty/grumpy old men, wise old men) or highlight the male "myths" or "masks" of aging that favour men over women (the male myth of agelessness, for example).

For more information contact: Donna Peberdy (<mailto:aaxdp2@nottingham.ac.uk>)

Institute of Film and Television Studies
School of American and Canadian Studies
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University Park
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United Kingdom

INTERNATIONAL

Nothing New this Issue

COMMUNITY RESOURCES/FUNDING INFORMATION

"Community Reinvestment" Scam

David Lazarus's column in the July 14th *San Francisco Chronicle* tells of a misleading direct mail sales pitch promoted by two Southern California mortgage companies to entice

homeowners in lower income neighborhoods in San Francisco to refinance home loans. The envelope appears to be from the San Francisco County Census Tract Community Reinvestment Act and carries the warning “Important document – do not destroy.” It suggests that the homeowner has been pre-qualified for a home loan with a potential large cash subsidy from the government.

Enterprise Mortgage Company noted that the fine print on the back specifies that “Enterprise is not endorsed by, nor associated with any federal, state or local government.” Synergy Capital Mortgage, the other company promoting these mailers, has decided to stop the sales campaign after receiving complaints. Many elderly Bay Area homeowners are led to believe they’re eligible for government reimbursements when in fact they are being steered to sales pitches for conventional loans. A direct mail company in Southern California, iVault, boasts a dozen clients for this sales campaign, including Enterprise and Synergy. Over 850,000 direct mail solicitations are sent out each month.

A San Francisco recipient of one of the letters commented “I’m surprised there’s no law against this.” California Attorney General Bill Lockyer’s office is looking into the matter.

To register a complaint, call the State Attorney General’s Hotline (800) 952-5225

Postings to this list are for informational purposes only and do not constitute endorsement by the Resource Center on Aging or the University of California. **Please do not contact the UCB Resource Center on Aging about information on these posts. Contact the provider directly. Thank you.**

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